



# Parish of St. Teilo's with Our Lady of Lourdes

A Parish of the Archdiocese of Cardiff, Registered Charity 242380

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## Parish Newsletter

### Weekend 29<sup>th</sup> and 30<sup>th</sup> May 2021

### Trinity Sunday

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<b>Mass Times and Intentions week beginning 29<sup>th</sup> and 30<sup>th</sup> May 2021</b>			
Saturday 29 <sup>th</sup> May The Most Holy Trinity – Solemnity	St. Teilo's	6.00pm	Paul Jude Sullivan – RIP (BE)
Sunday 30 <sup>th</sup> May The Most Holy Trinity – Solemnity	St. Teilo's	10.00am	Mairead Sutherland – RIP
	St. Teilo's	6.00pm	For the People of the Parish
Monday 31 <sup>st</sup> May The Visitation of the Blessed Virgin Mary – Feast	St. Teilo's	10.00am	Special Intention
Tuesday 1 <sup>st</sup> June St. Justin, Martyr	St. Teilo's	10.00am	Canon Isaac – RIP
Wednesday 2 <sup>nd</sup> June	St. Teilo's	10.00am	John Salter – Anniversary (MS)
Thursday 3 <sup>rd</sup> June St. Charles Lwanga and his Companions, Martyrs	St. Teilo's	10.00am	Private Intention
Friday 4 <sup>th</sup> June	St. Teilo's	10.00am	Canon Isaac – RIP (CD)
Saturday 5 <sup>th</sup> June St. Boniface, Bishop and Martyr	St. Teilo's	10.00am	Canon Paddy Daly – RIP (TC)
Saturday 5 <sup>th</sup> June The Solemnity of the Most Holy Body and Blood of the Lord (Corpus Christi)	St. Teilo's	6.00pm	Beryl & Percy Harris – RIP
Sunday 6 <sup>th</sup> June The Solemnity of the Most Holy Body and Blood of the Lord (Corpus Christi)	St. Teilo's	10.00am	Patrick Gallagher – Anniversary (JG)
	St. Teilo's	6.00pm	For the People of the Parish

### **Trinity Sunday**

The truth of faith which forms the object of today's Solemnity Feast is this: There is one God and in this one God there are three Divine Persons; the Father is God, the Son is God, the Holy Spirit is God. Yet there are not three Gods, but one, eternal, incomprehensible God! The Father is not more God than the Son, neither is the Son more God than the Holy Spirit. The Father is the first Divine Person; the Son is the second Divine Person, begotten from the nature of the Father from eternity; the Holy Spirit is the third Divine Person, proceeding from the Father and the Son. No mortal can fully fathom this sublime truth. But we are invited to submit humbly and say: Lord, I believe, help my weak faith.

The solemnity of the Holy Trinity has been celebrated on the Sunday after Pentecost since the fourteenth century, though every Mass, every sacrament, indeed every prayer should be undertaken In the Name of the Father, and of the Son, and of the Holy Spirit. Today's Solemnity stands as the finale to the preceding celebrations of Lent and Eastertide. The three Persons of the Holy Trinity contributed to and shared in the work of redemption. The Father sent His Son to earth, for "God so loved the world as to give His only-begotten Son." The Father called us to the faith. The Son, our Saviour Jesus Christ, became man and died for us. He redeemed us and made us children of God. After Christ's Ascension, the Holy Spirit became our Teacher, our Leader, our Guide and our Consoler.

While this Solemnity is celebrated on the Sunday after Pentecost, we should remember that every Sunday is devoted to the honour of the Most Holy Trinity, that every Sunday is sanctified and consecrated to the Triune God. Sunday after Sunday, we should recall in a spirit of gratitude the gifts, which the Holy Trinity is bestowing upon us. The Father created us; on the first day of the week, He began the work of Creation. The Son redeemed us; Sunday is the "Day of the Lord," the day of His Resurrection. The Holy Spirit sanctified us, making us His temple; on Sunday the Holy Spirit descended upon the infant Church. Every Sunday, therefore, is the day of the Most Holy Trinity.

*Excerpts from The Church's Year of Grace by Pius Parsch.*

### **Weekday Mass - no need to book**

We continue with the pattern of celebrating Mass at St. Teilo's at 10am each day. Masses from Monday to Saturday morning do not need to be pre-booked.

### **Sunday Masses**

The Parish has three Sunday Masses, the Vigil Mass at 6pm on Saturday, the 10am Mass on Sunday morning and a 6pm Mass on Sunday evening.

Bookings for all three Sunday Masses should be made via [the parish's online booking service](#). Click on the red 'Select a date' button and select the date and time of the Mass you wish to attend. You can book for Masses for future weeks too. Booking closes 17 hours before the start of Mass.

Given the current pattern of attendance, if all 'Ticket for one' or 'Ticket for two' seats are taken, and you wish to attend Mass as an individual or couple - please book any of the other available tickets (e.g. A Ticket for 2 or 3). In a first come first served system, which we are operating, this is perfectly fine. In recent weeks we have had empty seats at Mass as people have not chosen to book.

Larger groups – We have one family ticket, a seat for 4 to 6 people. However, if a family of six is unable to order because the family ticket is gone, then you can register for 1 Ticket of household of 3 and one ticket for 1 (individual ticket) and this will block a large six-seater bench. This would be 3 + 1 if used with space for social distancing. For this to work, you will need to book both the household and individual tickets in the same name.

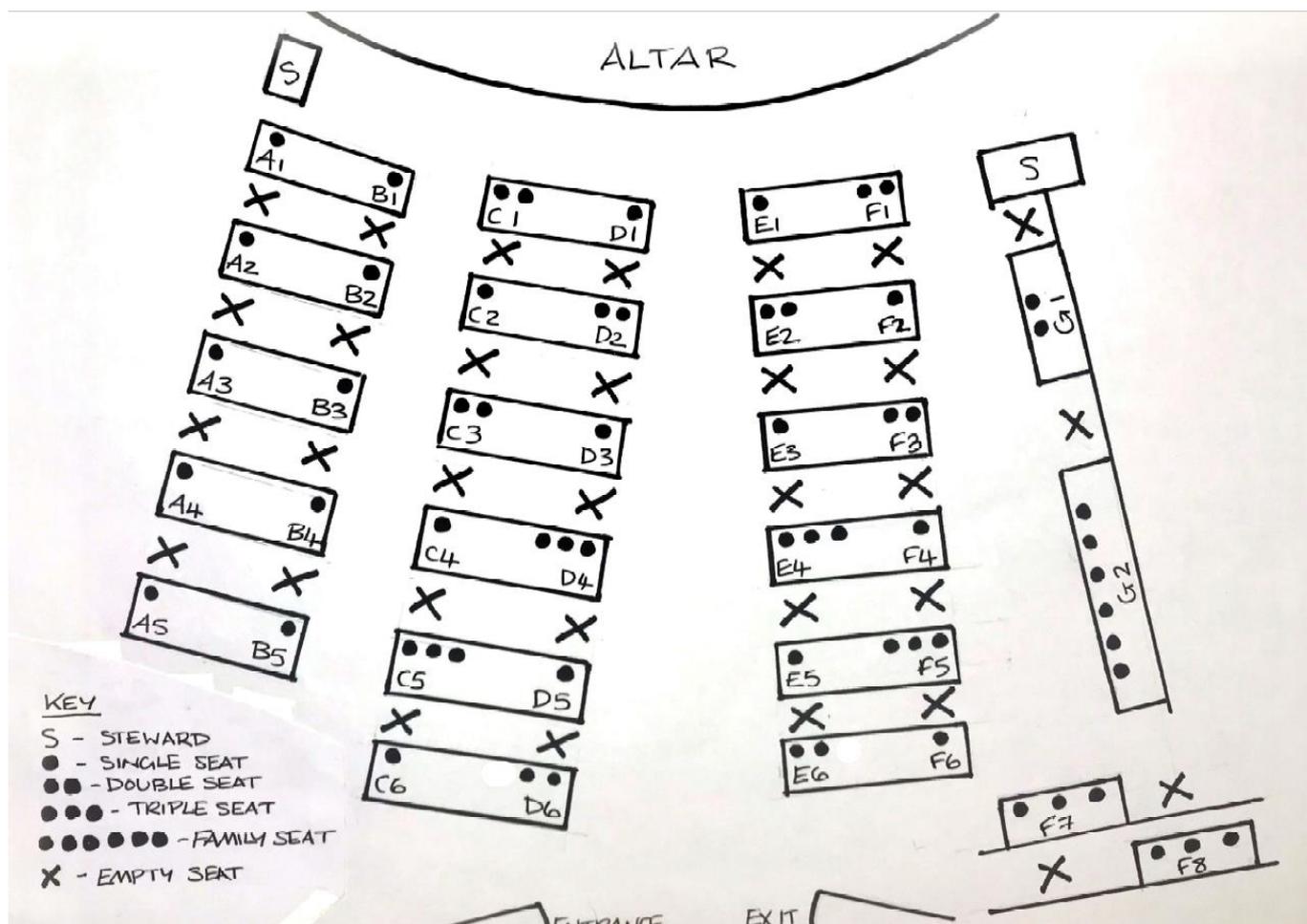
The Bishops' Conference of England and Wales has confirmed that the obligation to attend Sunday Mass remains suspended. So please do not feel under any pressure to attend the Church when online or phone Masses are valid alternatives.

### New Guidance in the light of the move to Alert level 2

In addition to the opening of the Church toilets as announced last weekend, there are a variety of other changes which will now take place in light of the most recent Welsh Government Guidance and the updated statement from the Bishops' Conference of England and Wales. The full guidance is [available here](#). Sanitising hands on entry and exit to the building along with the wearing of masks remains a requirement of attendance.

### New layout of seats

The reduction in the impact of the virus and the increased prevalence of vaccinated people means that we are now able to open up additional spaces in the Church. This means that every other row is now closed, rather than there being two rows between every open one. This has the effect of moving us to a position where we can accommodate 65 people at each of the Sunday Masses. Booking is still required to attend the Saturday and Sunday evening Masses and the Sunday morning Mass. See above for the link to do so. The new layout is as pictured here:



## **Votive Candles**

With the most recent research showing a low risk of transmission of the virus by someone touching an object touched by someone else, we are now able to facilitate the use of votive candles. However, you are asked to remain 2 metres away from other users, i.e. only one person or family should be at the votive candle stands at any one time.

## **Veneration of Statues**

The same principle that applies to the Votive Candles applies to the Veneration of Statues. At Alert level 2, it is permissible to touch the images of the saints. However, kissing the statues is still not permitted as bodily fluid has a higher viral load than touch.

## **Toilets**

The Church toilets are open. If you choose to use the toilets, you are requested to follow the best practice handwashing advice of the Welsh Government. This includes washing your hands with soap for at least 20 seconds after using the facilities and leaving them in the standard of cleanliness in which you find them. Increased cleaning and disinfection will be in place for the toilets and only one person can use the toilets at a time, with the exception of a parent taking his/her child into the toilet or a carer assisting someone who needs support to use the facilities. As toilets are indoors, the wearing of a mask in the toilet is mandatory.

## **Piety Stall**

Church shops are now able to be opened too. The team which provides the Piety Stall will meet over the next few weeks to plan the reopening of the Piety Stall. More details will appear in the newsletter when they arrive.

## **Children's Liturgy**

Children's Liturgy is also permitted during the current Alert level. We will announce the details of the arrangements once the team which arranges the Children's Liturgy has time to meet and agree their arrangements.

## **Extraordinary Ministers of the Eucharist**

Visiting the sick for sacramental purposes is now permitted, with due care for the health of both the minister and the person being visited. If you are an Extraordinary Minister, who used to take communion to the sick and housebound before the pandemic, please contact Fr. Dwayne to discuss resuming such visits.

## **Newsletter**

Printed copies of the newsletter may now also be reintroduced. This will begin from next Sunday; we will continue to provide an online version.

## **Receiving Holy Communion on the tongue**

The Bishops' Conference's new guidance says that: "Holy Communion is recommended to be distributed in the hand, but if people wish to receive on the tongue, then they should wait until the end of the distribution of communion and receive then".

## Things which will not change until Alert level 1

- The confessional box cannot be used, Fr. Dwayne will continue to hear confessions in the Garden on in the Parish Hall (weather dependant) after Saturday Mass or at other times, on request.
- Congregational singing remains a high source of risk of viral spread, so will not be reintroduced at the current Alert level.
- The Church will only be open during the time of Mass. Opening for private 'visits' for prayer will only be possible when the need for sanitisation and special cleaning is no longer necessary
- We hope at Alert level 1 to remove the requirement to book for Sunday Mass.

## Mass Attendance

Last weekend's Mass attendance was as follows:

Sunday 23 <sup>rd</sup> May	6pm	41
	10am	44
	6pm	30

## Quote of the Week



"The Word of God, infused with the Holy Spirit, when it is received with an open heart, does not leave things as they were before: never."

*Pope Francis, Catechesis of the Holy Father on Prayer with the Sacred Scriptures at the General Audience, January 27<sup>th</sup>, 2021*



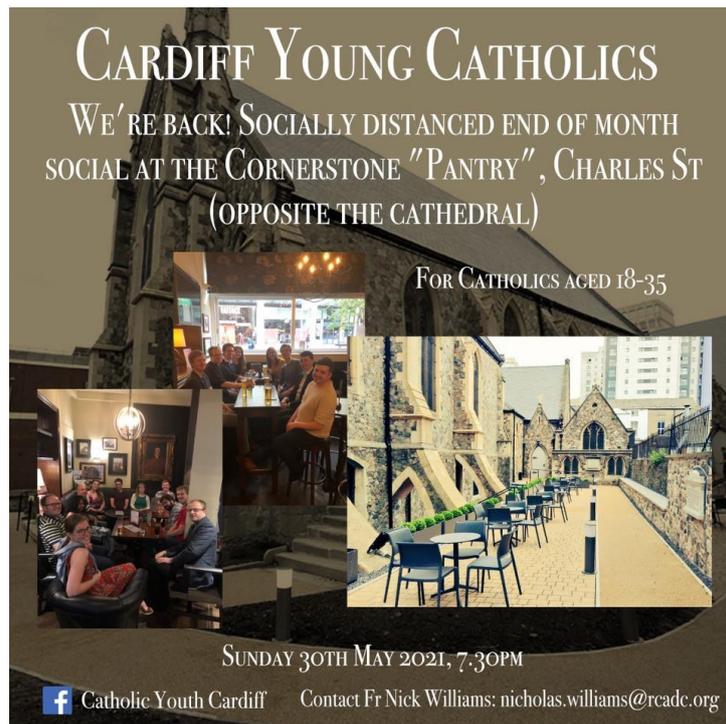
## Rest in Peace



In your mercy, please pray for the repose of the souls of Thomas Brian Pearce from Gabalfa Avenue, who died recently. Brian's Requiem Mass will take place at St. Teilo's on Thursday, June 3<sup>rd</sup> at midday. Please also pray for the repose of the souls of those whose anniversaries occur at this time: Canon James

Mulvihill, Florence Robinson, Elizabeth Perry, David A'Herne, Margery Arnold, Iolanda Hodkinson, Mary Hourihan, Alice Clarkson, Agnes Lenahan, Catherine Saunders, Bridget O'Conner, Sally Andrews, Patrick McCarthy, John Cotter, Edward Singleton, Katrina Moggridge, James McCarthy, Elizabeth Carne, Baby Codi Yaxley, Mark Canning, Nora Conroy, Gretta Delaney-Carass, Elizabeth Wheatley, Ellen Pudney, Dorothy Fagan, Sarah Andrews, Gemma Harney, Patrick Dunne, Joan Lane, Margaret Robjohn, Bridget Murphy, Albert Sitfall and Bill McCarthy.

## Young Catholics' Social at the Cornerstone- Spring Bank Holiday Weekend



### Baptism Preparation Course

The next Baptism Course takes place here at St. Teilo's in the parish hall. It begins on Wednesday, June 9<sup>th</sup> at 7pm and completes on Wednesday, June 16<sup>th</sup> at 7pm. Please e-mail Cathy and Mel if you plan to attend: [catherinehopkins45@gmail.com](mailto:catherinehopkins45@gmail.com)

### "The God Who Speaks": A Year of the Word – Scripture Study

The next Scripture Study Day will be given on Saturday, June 12<sup>th</sup> from 11am-12.30pm. **Rev. Bernard Sixtus will be giving a talk on "The Vision of St. John's Gospel".**



Fr. Bernard Sixtus PhD, MA, BA(Hons) is Director of Education (Schools) for the Archdiocese and is well known as a very engaging speaker, well versed in theology. Details of the programme of talks for the year can be found on the [Archdiocesan Website](#).

### How to Access the Online Talks

You can access the talks on the day via Zoom at [this link](#).

**Meeting ID 824 0925 6453**

**Passcode: 633303**

The talks will also appear on YouTube. Please go to the [Archdiocese of Cardiff Evangelisation and Scripture YouTube channel](#)

For enquiries contact: Madeleine Walters at [madeleine.walters@rcadc.org](mailto:madeleine.walters@rcadc.org) or Kate Duffin at [kate.duffin@hotmail.co.uk](mailto:kate.duffin@hotmail.co.uk)

### **First Holy Communion update**

The First Holy Communion programme that commenced in February 2020, and was suspended due to the pandemic, will recommence in the next month. Full details have been sent directly to all parents of children who were enrolled on the programme.

### **First Holy Communion 2021**

For new candidates who belong to the parish, the First Holy Communion programme will start in September this year with the children receiving the Sacrament around November/December time. This will be for children in the current years 3 & 4 only. If your child is in year 3 or 4, please send his/her name, age and your contact details to [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org). It is hoped that First Holy Communion preparation will be able return to normal in 2022.

### **Mass Times – live streaming**

Mass will continue to be broadcast live on the Parish Website from St. Teilo's at 10am each day and at 6pm on Saturday and Sunday evenings. You are encouraged, not only to listen and watch the Mass but to take part by making the responses in your own home.

### **Live Streaming**

The webcam in St. Teilo's will be left on at all times, so please take the opportunity to 'look in' on the Church for prayer at any time.

A number of parishioners are reporting that buffering has been becoming worse in recent weeks, especially on a Sunday. KT Electronics, who provide the webcam, are looking in to the problem and we hope to have a solution as soon as possible. The issue has arisen in a number of other parishes in Cardiff, but no simple solution has become obvious to-date.

### **Dial for Mass**

We continue to operate the 'Dial for Mass' scheme for those who do not have access to the Internet and cannot attend in person. Ring to access our 'Dial for Mass' service. Mass will be available each Sunday from about 2pm and you can hear the previous Sunday's Mass by ringing the service at any time of day or night during the week. The number is a local number from Cardiff based landlines – 22 670 999. If you are dialling from outside Cardiff or from a mobile phone, you will need to dial 029 2267 0999.

## **Attending Mass**

Whichever Mass you attend, you will still need to abide by the following restrictions.

- You will only attend Mass if you are able to confirm that you currently show no symptoms of Covid-19.
- You will wear a face-covering/mask in Church at all times, except to receive Holy Communion.
- You must wait for the door steward to confirm your attendance and for Sunday Masses, tell you the seat to which you have been allocated.
- You will use the temperature check on entering the Church.
- You will use hand-sanitiser as you enter and exit the Church.
- Please allow a Steward to show you to your seat.
- You should arrive between 20 and 5 minutes before the start time of Mass.
- Please wait to be invited up to Holy Communion.
- Please refrain from talking to your friends who are not part of your household/bubble while in or near the Church.
- No congregational singing is allowed at Mass and any responses should be made in a low tone, as singing and loud voices have been shown to spread the virus further. The Welsh Government says that singing by 1 to 6 people is permitted, but must take place on the sanctuary or in the choir loft, not within close proximity of the congregation.

## **Printed Newsletter**

The return of printed newsletters next week makes it appropriate to note the sterling work undertaken by Peter Searle since the beginning of lockdown. Peter has printed the weekly newsletter and distributed it by hand or by post to many of our Housebound Parishioners without internet access. This kind of direct action to support our fellow parishioners is one of the great works of mercy and I thank Peter for it. Many people have gone out of their way to support the Parish and our fellow parishioners and other neighbours and much of this support has been done privately. I would like to thank everyone who has done so much to retain the sense of community at a challenging and complex time.

*Fr. Dwayne*

## **Novena to the Sacred Heart**

June is the Month of the Sacred Heart and during this month we should often stop and pray in thanks to God for the great love of Jesus which is celebrated in the Sacred Heart. Devotion to the Sacred Heart, as we know it, began about the year 1672. On repeated occasions, Jesus appeared to Saint Margaret Mary Alacoque, a Visitation nun, in France, and during these apparitions He explained to her the devotion to His Sacred Heart. True devotion to the Sacred Heart is devotion to the Divine Heart of Jesus, as His Heart represents and recalls His love for each one of us.

The Solemnity of the Sacred Heart takes place this year on Friday, June 11<sup>th</sup>. It is a long-standing practice of the Church to pray a Novena to the Sacred Heart for the nine days before the Solemnity. If, as part of your devotions, you wish to pray the Novena this year, then it will begin this Thursday, June 3<sup>rd</sup>. You are invited to pray the Novena Prayers of St. Margaret Mary Alacoque each day from June 3<sup>rd</sup> to the 11<sup>th</sup>.

O my Jesus, You have said: "Truly I say to you, ask and you will receive, seek and you will find, knock and it will be opened to you." Behold, I knock, I seek, and ask for the grace of (name your request). Our Father... Hail Mary... Glory be to the Father...

Sacred Heart of Jesus, I place all my trust in You.

O Sacred Heart of Jesus, for Whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of You, through the Sorrowful and Immaculate Heart of Mary, Your tender mother and ours.

Say the Hail, Holy Queen and add: "Saint Joseph, foster father of Jesus, pray for us."

### **The Litany of the Sacred Heart**

The Litany of the Sacred Heart is another lovely prayer to draw us closer to the love of Jesus at this time:

Lord, have mercy. Lord, have mercy.

Christ, have mercy. Christ, have mercy.

Lord, have mercy. Lord, have mercy.

Christ hear us. Christ, graciously hear us.

God the Father of Heaven, have mercy on us.

God the Son, Redeemer of the world, have mercy on us.

God the Holy Spirit, have mercy on us.

Holy Trinity, one God, have mercy on us.

Heart of Jesus, Son of the Eternal Father, have mercy on us.

Heart of Jesus, formed by the Holy Spirit in the Virgin Mother's womb, have mercy on us.

Heart of Jesus, substantially united to the Word of God, have mercy on us.

Heart of Jesus, of infinite majesty, have mercy on us.

Heart of Jesus, holy temple of God, have mercy on us.

Heart of Jesus, tabernacle of the Most High, have mercy on us.

Heart of Jesus, house of God and gate of heaven, have mercy on us.

Heart of Jesus, glowing furnace of charity, have mercy on us.

Heart of Jesus, vessel of justice and love, have mercy on us.

Heart of Jesus, full of goodness and love, have mercy on us.

Heart of Jesus, abyss of all virtues, have mercy on us.

Heart of Jesus, most worthy of all praise, have mercy on us.  
Heart of Jesus, King and centre of all hearts, have mercy on us.  
Heart of Jesus, in whom are all the treasures of wisdom and knowledge, have mercy on us.  
Heart of Jesus, in whom dwells all the fullness of Divinity, have mercy on us.  
Heart of Jesus, in whom the Father was well pleased, have mercy on us.  
Heart of Jesus, of whose fullness we have all received, have mercy on us.  
Heart of Jesus, desire of the everlasting hills, have mercy on us.  
Heart of Jesus, patient and rich in mercy, have mercy on us.  
Heart of Jesus, rich to all who call upon You, have mercy on us.  
Heart of Jesus, fount of life and holiness, have mercy on us.  
Heart of Jesus, propitiation for our offences, have mercy on us.  
Heart of Jesus, overwhelmed with reproaches, have mercy on us.  
Heart of Jesus, bruised for our iniquities, have mercy on us.  
Heart of Jesus, obedient even unto death, have mercy on us.  
Heart of Jesus, pierced with a lance, have mercy on us.  
Heart of Jesus, source of all consolation, have mercy on us.  
Heart of Jesus, our life and resurrection, have mercy on us.  
Heart of Jesus, our peace and reconciliation, have mercy on us.  
Heart of Jesus, victim for our sins, have mercy on us.  
Heart of Jesus, salvation of those who hope in You, have mercy on us.  
Heart of Jesus, hope of those who die in You, have mercy on us.  
Heart of Jesus, delight of all saints, have mercy on us.  
Lamb of God, who takes away the sins of the world, spare us, O Lord.  
Lamb of God, who takes away the sins of the world, graciously hear us, O Lord.  
Lamb of God, who takes away the sins of the world, have mercy on us.

Jesus, meek and humble of Heart, make our hearts like unto Thine.

Let us pray:

Almighty and eternal God, look upon the Heart of Thy Most Beloved Son and upon the praises and satisfaction which He offers Thee in the name of sinners; and to those who implore Thy mercy, in Thy great goodness, grant forgiveness in the name of the same Jesus Christ, Thy Son, Who lives and reigns with Thee forever and ever. Amen.

### **Donations to the Parish – Cash and Cheques**

As we see more people attending Mass, we now have a collection plate at the back of Church for any of your donations. We are still not allowed to pass the plate around from hand to hand, but if you wish to donate by cash or cheque, please pop the amount into the basket on the table near the Church exit.

Cash donations last weekend amounted to £607.50, including a number of donations of collection envelopes being submitted for a lengthy period.

## Mass Intentions

Please note that Mass Intentions for particular days are being booked up very quickly. The next free date is **July 9<sup>th</sup>**. If you do have an intention for which you want a Mass in the next few months, please think about booking it as soon as possible.

If you would like to book Mass Intentions, please do so by email to [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org). The donations can be made via the [Donation link](#) on the Parish Website. The guidance is that the minimum donation for a Mass intention should be £10 but your donation amount is at your discretion. Alternatively, you can post Mass Intentions through the presbytery letter box.

## Praying for the Sick and the Dead

We have a long-standing tradition of praying for the sick and the recently deceased by name during our Masses on weekdays. During the pandemic, we are remembering our sick and dead at each Mass. Please do let me know if you would like me to add someone to the sick list or the list of the recently deceased. To do so, please email me on [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org) ensuring that you include the person's name and whether (s)he should be added to the sick list or the list of those who have died.

## Children's Liturgy

The sheet that would have been used for Children's Liturgy this weekend is below: many thanks to Nick for preparing these each week and making sure the right one is available in a timely manner.

Name.....

 **Matthew 28.16-20**  
Jesus sends his disciples out to live for him and help others to live for him too.



 **Family time**

**Talk** Do we have to use words to tell people about Jesus?

**Do** Take time this week to worship together as a family. Then find a way of witnessing to what you believe, e.g. give to a charity or support a local community initiative.

**Pray** Write down the names of the people you want to pray for and put the list in the place where you eat dinner so you can remember to pray for them.

**Activity time** 

 **Draw!** Draw Jesus talking to the disciples on the mountain.

 **Puzzle** Can you tick the sentences which are correct and cross out the wrong ones?

- 13 disciples met Jesus on the mountain.
- The disciples worshipped.
- The disciples had a BBQ.
- Jesus said he would always be with the disciples.
- 11 disciples met Jesus on the mountain.
- Jesus told the disciples to tell people about God.
- Jesus told the disciples to tell people about the mountain.
- Jesus said the disciples were on their own.

**ROOTS Children's Sheet**

**Write** Find the words from the Bible story today in the word search.

Jesus worshipped go  
disciples doubted baptize  
mountain power commandments

c	g	w	t	k	e	v	i	w	e	t	j
t	o	x	a	r	t	i	q	o	z	d	k
d	f	m	o	p	s	b	r	r	i	x	m
o	e	z	m	u	y	t	b	s	t	t	y
e	t	t	s	a	x	e	c	h	p	t	i
o	g	e	b	o	n	i	b	i	a	h	p
c	j	x	k	u	p	d	i	p	b	w	d
r	i	z	t	l	o	b	m	p	o	i	t
p	o	w	e	r	b	d	r	e	u	e	z
w	q	s	l	o	w	p	j	d	n	a	g
n	i	a	t	n	u	o	m	l	u	t	y
f	s	z	w	e	v	a	x	y	c	m	s

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