



Whitchurch

# Parish of St. Teilo's with Our Lady of Lourdes

A Parish of the Archdiocese of Cardiff, Registered Charity 242380

Old Church Road, Whitchurch, Cardiff, CF14 1AD Tel: 029 2062 3444

Email: whitchurch@rcadc.org Web: www.stteilos-olol.co.uk

Parish Priest: Canon William Isaac

Assisting Priest: Fr. Dwayne Bednar

Parish Safeguarding Officer: Gerry Lewis – Tel: 029 2061 6557



## Parish Newsletter

Weekend 27<sup>th</sup> and 28<sup>th</sup> March 2021

Palm Sunday of the Passion of the Lord

**List of Topics in this newsletter** – click on the topic to get to the relevant section

Mass Times and Intentions week beginning 28 <sup>th</sup> March 2021 .....	2
Occasions when St. Teilo's is open for Mass .....	2
If you wish to attend Mass .....	3
Canon Isaac – Latest news.....	3
Quote of the Week.....	4
Sacrament of Reconciliation – Confession.....	4
Palm Sunday of the Passion of the Lord .....	4
Chrism Mass.....	5
Maundy Thursday – Mass of the Lord's Supper .....	5
Maundy Thursday – Watching .....	5
Good Friday – Day of Fasting and Abstinence.....	6
Good Friday – Liturgy of the Lord's Passion .....	6
Good Friday – Addition to the Solemn Intercessions.....	6
Easter Vigil .....	7
Stewarding at Mass – More Volunteers Please.....	7
Rest in Peace .....	7
Live Streaming.....	8
Mass Times .....	8
Dial for Mass.....	8
Archsgobaethol Digwyddiad Cymdeithasol yn y Gymraeg! .....	8
The Divine Mercy Novena of Chaplets.....	9
The Easter Story in Plain English from the God Who Speaks Team .....	9
Divine Mercy Sunday .....	9
New Archdiocesan Evangelisation Programme .....	10
Archdiocesan Thanksgiving for Marriage Mass.....	10
Two poems – one written and one shared by our parishioners, .....	11
School Governors needed – Christ the King Primary School .....	12
Housebound Parishioners without internet access.....	12
Donations to the Parish – Virgin Money Giving .....	12
Mass Intentions .....	12
Online Newsletter .....	12
Praying for the Sick and the Dead .....	12
Staying in touch with the Parish.....	13
Children's Liturgy and Family Time.....	13

<b>Mass Times and Intentions week beginning 28<sup>th</sup> March 2021</b>			
Sunday 28 <sup>th</sup> March Palm Sunday of the Passion of the Lord	St. Teilo's and Online	10.00am	Wellbeing of Canon Isaac (TC)
Monday 29 <sup>th</sup> March Monday of Holy Week	Online	10.00am	Deceased members of the de Souza family (P&CdS)
Tuesday 30 <sup>th</sup> March Tuesday of Holy Week	Online	10.00am	Mairead Sutherland – RIP
Wednesday 31 <sup>st</sup> March Spy Wednesday	Online	10.00am	John Roberts – Anniversary (Myra)
Thursday 1 <sup>st</sup> April Maundy Thursday	St. Teilo's and Online	<b>7.00pm</b>	<b>Mass of the Lord's Supper –</b> In honour and thanksgiving for the grievous suffering of Jesus in the Garden of Gethsemane (P&CS)
Friday 2 <sup>nd</sup> April Good Friday	St. Teilo's and Online	<b>3.00pm</b>	<b>Liturgy of the Passion</b>
Saturday 3 <sup>rd</sup> April Holy Saturday	There will be no events in the Church on Holy Saturday, until Easter begins with the Easter Vigil		
Saturday 3 <sup>rd</sup> April Easter Vigil	St. Teilo's and Online	<b>7:00pm</b>	<b>Easter Vigil –</b> Fr. Jimmy Thomas – RIP (GG)
Sunday 4 <sup>th</sup> April Easter Sunday of the Resurrection of the Lord	St. Teilo's and Online	<b>9.00am</b>	In thanksgiving for the Death and Resurrection of Jesus Christ (P&CS)
	St. Teilo's and Online	<b>11.00am</b>	Priest's Intention

### **Occasions when St. Teilo's is open for Mass**

St. Teilo's will be open for Mass today at 10.00am. If you have not booked in advance and have not had verbal confirmation from Carole Burns – PLEASE DO NOT ATTEND.

St. Teilo's will also be open for Mass this week for the Easter Triduum Services and for Easter Sunday. The Commemoration of the Lord's Supper on Maundy Thursday will be at 7pm, The Liturgy of the Passion on Good Friday will be at 3pm, the Easter Vigil on Saturday night will be at 7pm and Easter Sunday morning Masses will be at 9am and 11am. The booking arrangements for all these services are outlined below.

The Bishops' Conference of England and Wales has confirmed that the obligation to attend Sunday Mass remains suspended. So please do not feel under any pressure to attend the Church when online or phone Masses are valid alternatives.

### **If you wish to attend Mass**

- Booking will be by telephone on a 'first come, first served' basis. Carole Burns is the contact and can be telephoned on 07747 562847 **between 11am and 1pm on Monday, March 29<sup>th</sup> for Maundy Thursday and Good Friday's liturgies and between 2.30pm and 4.30pm on Wednesday, March 31<sup>st</sup> for the Masses at 7pm on Saturday, April 3<sup>rd</sup> and 9am and 11am on Sunday April 4<sup>th</sup>.** PLEASE DO NOT RING OUTSIDE THESE HOURS.
- You **must** book if you wish to attend Mass. We do not want to turn people away at the door, so if you have not booked in advance – PLEASE DO NOT ATTEND.
- By registering to attend Mass, you confirm the following conditions are met:
  - You currently show no symptoms for Coronavirus.
  - Should you develop symptoms prior to the service, you will NOT attend.
  - You agree to use hand-sanitiser as a condition of entry.
- It should be noted that there will be **no toilet facilities available**.
- You should arrive between 20 and 5 minutes before the start time of Mass.
- Please allow a Steward to show you to your seat.
- Please wait to be invited up to Holy Communion.
- Please refrain from talking to your friends who are not part of your household.
- No congregational singing is allowed at Mass and any responses should be made in a low tone, as singing and loud voices have been shown to spread the virus further.
- Communion will only be possible if a Eucharistic Minister, who is not in an at risk group, is available at the Mass.
- There will be no collection at Mass. You are encouraged to make your donation to the Church via standing order or online. If you wish to donate cash, please do so in one of the wall boxes around the Church or in the votive candles box.

### **Canon Isaac – Latest news**

Please keep praying for Canon Isaac as he remains critical in intensive care. Canon is still in a medically induced coma while a ventilator helps to manage his breathing and a mechanical liver removes the toxins from his body. The ward sister says that Canon has responded reasonably well to the treatment they have given him so far, though he remains critically ill and the hope continues to be for the treatment to buy him time for his liver to start to recover and begin to remove the toxins itself.

## Quote of the Week



*“Living God, you walk alongside us and speak to us throughout the Scriptures. Your Son, Jesus Christ, listens to our hopes and fears and shows us how to live for one another. Send us the Holy Spirit to open our hearts and minds so that we may be your witnesses throughout the world.”*

**The Year of the God Who Speaks**



## Sacrament of Reconciliation – Confession

Fr. Dwayne will be making Confessions available during Holy Week and Easter. In line with the most recent Covid-19 guidance, Confessions will take place outdoors in the garden outside the presbytery to minimise the possibility for viral transmission. A chair and prie-dieu will be available, which will be sanitised between penitents. Please note that the Church will not be open during the Confession period, so you will need to queue on the path beside the presbytery at a social distance and do your personal preparations and post-confession prayers on your journey or in your home.

Confessions will be at the following times:

- Palm Sunday after the 10am Mass
- Maundy Thursday after the 7pm Mass
- Good Friday after the 3pm Liturgy
- Holy Saturday from 10am to 11am – Please note that if Father is not in the garden when you arrive, please ring the presbytery doorbell and he will come out.
- Easter Vigil after the 7pm Vigil Mass
- Easter Sunday between the 9am and 11am Masses and after the 11am Mass

If the weather is inclement, i.e. it is raining, arrangements will be made to provide Confessions that will be announced at Masses during the week.

## Palm Sunday of the Passion of the Lord

On this day, the Church enters into the mystery of the Passion and Death of her Lord, bringing together the Triumphal Procession of Christ as King and the proclamation of His Passion. Both aspects of the Paschal Mystery are celebrated today as we recall the Lord's Messianic entry into Jerusalem and His Passion and Death.

Due to the pandemic, the liturgy will be amended somewhat in line with the Bishops' Conference guidelines. The Commemoration of the Lord's Entrance into Jerusalem will be celebrated within the church building and not outside. The Procession will not take place and the Second Form, the Solemn Entrance, will be used. The palm branches will be blessed at the appropriate point and the Gospel of the Lord's Entry into Jerusalem proclaimed. After the Gospel, the ministers will move to the Sanctuary and the Mass continues with the Collect. The shorter form of the Passion from the Gospel of St. Mark will be read. The palm branches blessed during the celebration of the liturgy will be distributed to the congregation as they leave the church after Mass.

## **Chrism Mass**

This year the Chrism Mass will take place in the Cathedral on Tuesday at 11.30am. Due to the limitations imposed by social distancing, the Mass will not be attended by the priests of the Archdiocese. The usual Renewal of Priestly Promises will not take place at this year's Chrism Mass, but the Archbishop will bless the oil of the sick, the oil of Catechumens and the oil of Chrism which gives the Mass its name. The oils, which will be blessed, will be used for the celebration of the Sacraments throughout the Archdiocese during the next year. Parishioners are welcome to join the Chrism Mass online on the [Cathedral Webcam](#).

## **Maundy Thursday – Mass of the Lord's Supper**

With the celebration of Mass on the evening of Holy Thursday, the Church begins the Easter Triduum, the holiest three days of the year. The Mass recalls the Last Supper at which the Lord Jesus, on the night He was betrayed, showing His love for those who were His own in the world, gave His Body and Blood, under the species of bread and wine, offering them to His Father. He gave them to the Apostles so that they might partake of them. He commanded them and their successors in the priesthood to perpetuate this offering. We can take part in the offering by joining our prayers with the prayer of the priest as he joins himself with Jesus' offering of Himself for the whole world.

Due to the Pandemic the Washing of the Feet will not take place and there is no procession to the Altar of Repose. The Reserved Sacrament will be kept in the Tabernacle of the Church and so will be visible for prayer online.

## **Maundy Thursday – Watching**

Can you stay and watch one hour with me? The 'Watch' on the evening of Holy Thursday is a long-standing tradition of the Church in which we are invited to stay with Jesus in the Garden of Gethsemane and console Him in His sorrow. Due to the pandemic, those who attend Mass on Thursday cannot remain behind for the Watching.

As noted above, the Blessed Sacrament will be reserved in the tabernacle of the Church. This will enable everyone to spend as much time as they wish online after Mass on Thursday, watching with the Lord via the Parish Webcam.

The Taize hymn, Stay with Me, is a helpful prayer to reflect on during this evening's watch:

*Stay with me, remain here with me, watch and pray!*

*Stay here and keep watch with me. Watch and pray, watch and pray!*

*Watch and pray not to give way to temptation.*

*The spirit is eager, but the flesh is weak.*

*My heart is nearly broken with sorrow. Remain here with me, stay awake and pray.*

*Father, if it is possible, let this cup pass me by.*

*Father, if this cannot pass me by without my drinking it, Your Will be done*

### **Good Friday – Day of Fasting and Abstinence**

Good Friday is a day of penance observed by the whole Church. It is a day of fasting and abstinence.

### **Good Friday – Liturgy of the Lord's Passion**

At 3pm on Good Friday, the Church throughout the world gathers, virtually if not physically, to remember that "Christ our Passover was sacrificed." Together we meditate on the Passion of the Lord, adore His Holy Cross and commemorate the origin of the Church, flowing from the side of Christ dead on the cross. We intercede for the salvation of the whole world.

For the Adoration, the kissing of the Cross is limited to the priest. After Fr. Dwayne has done this, he will invite those present and those watching online to adore the Holy Cross. As Father holds the Cross elevated higher for a brief time, so we honour and adore the Holy Cross, on which Jesus died for us and for our salvation, in silence.

### **Good Friday – Addition to the Solemn Intercessions**

The Congregation for Divine Worship and the Discipline of the Sacraments, at Pope Francis' request, approved a special prayer to be prayed on Good Friday afternoon during the Solemn Intercessions. It will come between intercession 9 and intercession 10 if you are following the Liturgy in your Missals.

#### **IX b. For the afflicted in time of pandemic**

Let us pray also for all those who suffer the consequences of the current pandemic, that God the Father may grant health to the sick, strength to those who care for them, comfort to families and salvation to all the victims who have died.

#### **Prayer in silence. Then the Priest says:**

Almighty ever-living God,  
only support of our human weakness,  
look with compassion upon the sorrowful condition of your children  
who suffer because of this pandemic;  
relieve the pain of the sick,  
give strength to those who care for them,  
welcome into Your peace those who have died  
and, throughout this time of tribulation,  
grant that we may all find comfort in Your merciful love.  
Through Christ our Lord.

**R/. Amen.**

## Easter Vigil

We gather online at 7pm on Saturday night for the Easter Vigil. According to a most ancient tradition, this night is "one of vigil for the Lord" and the Vigil celebrated during it, commemorating that holy night when the Lord rose from the dead, is regarded as the "mother of all Masses." For on this night, the Church keeps vigil, waiting for the Resurrection of the Lord. The Easter Vigil Mass is at 7pm, earlier than usual, to enable as many as possible to participate in person or online. The Vigil is the highpoint of the Christian Year and the central mystery of our faith.

In our current circumstances, there will be no Easter Fire. The Paschal Candle will be lit from another source.

## Stewarding at Mass – More Volunteers Please

The number of times the Church can be opened in a week is dependant on stewards who volunteer for this role. For a parish of our size, we have a very small number of volunteers and would encourage others to consider volunteering if you are eligible, so that we can open the Church to the congregation more often.

If you wish to volunteer and are aged 18 to 59 inclusive without any COVID-19 co-morbidities, then please email Mel Hopkins – [melfyn.hopkins@sky.com](mailto:melfyn.hopkins@sky.com) and let him know:

- Your name
- Contact details – phone and email
- Age range (18-30, 30-40, 40-50, 50-59)
- Confirmation that you do not have a raised risk of Covid-19 infection
- Whether you want to Steward or Clean or both
- Which hours and days, of those above, you are able to volunteer
- Whether you will be available: weekly; fortnightly; monthly

## Rest in Peace



In your mercy, please pray for the repose of the soul of Mrs. Carole Anne Bricknell who died recently. Mrs. Bricknell's Requiem Mass will take place at St. Teilo's on Wednesday, March 31<sup>st</sup> at midday before committal at Thornhill. Due to COVID-19 restrictions, attendance is limited to family members and invited guests. However online attendance at the Requiem Mass will be available on the [Parish Livestream](#).

Please pray also for those whose anniversaries occur at this time: Archbishop John Aloysius Ward, Fr. Cornelius Reidy, Fr. Laurence O'Brien, Fr. Francis Murphy, Harriet Lloyd, Douglas Slee, Felix Hill, Margaret O'Keefe, Honora Collins, Oscar Edwards, Walter (Jack) Lovell, George Cuddihy, Matilda Hunt, Anastasia Kennedy, Justin Callan, William Thomas, Mary Stamati, Vincent Burgon, Winifrede Mullins, Dorothy Mathieu, Joan Morgan, Joyce O'Connor, Arthur Williams, John Cottrell, David Israel, Thomas Mortimer, Standish Lloyd, Isabella Allen, Dorothy Joyce, Mary Hann, Ellen Gardner and Terence Debono.

## **Live Streaming**

The webcam in St. Teilo's will be left on at all times, so please take the opportunity to 'look in' on the Church for prayer at any time.

## **Mass Times**

Mass will continue to be broadcast live on the Parish Website at the times outlined on page 2 of the newsletter. Please take a note of them as Mass is not at the usual 10am on Thursday, Friday, Saturday, nor next Sunday. You are encouraged, not only to listen and watch the Mass but to take part by making the responses in your own home.

At Communion time each day, we will be led in praying St. Alphonse Liguori's Act of Spiritual Communion:

My Jesus,  
I believe that You  
are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment  
receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there and unite myself wholly to You.  
Never permit me to be separated from You.  
**AMEN.**

## **Dial for Mass**

We continue to operate the 'Dial for Mass' scheme for those who do not have access to the Internet. Ring to access our 'Dial for Mass' service. Mass will be available each Sunday from about 2pm and you can hear the previous Sunday's Mass by ringing the service at any time of day or night during the week. The number is a local number from Cardiff based landlines – 22 670 999. If you are dialling from outside Cardiff or from a mobile phone, you will need to dial 029 2267 0999.

## **Archesgobaethol Digwyddiad Cymdeithasol yn y Gymraeg!**

Ymunwch â ni am sgwrs anffurfiol ar-lein Dydd Mawrth Mawrth 30<sup>ain</sup> am 7pm. Mae croeso i siaradwyr a dysgwyr Cymraeg, gadewch i ni gysylltu gyda'n gilydd i drafod pwy a ble ydyn ni. Byddwn ni'n siarad Cymraeg a Saesneg felly peidiwch â phoeni am eich lefel! Dilynwch y [linc Zoom](#). Rydyn ni'n edrych ymlaen at eich gweld! Diolch

## **Welsh Social - for Archdiocesan Welsh language learners and speakers.**

Join us for an informal online chat on Tuesday, March 30<sup>th</sup> at 7pm. Welsh learner or speaker, let's just get together and find out who we are and where we are. We'll be speaking Welsh and English, so if you have an interest please don't worry about your abilities. Please follow the [Zoom link](#). Look forward to seeing you there. Diolch.

## The Divine Mercy Novena of Chaplets

A novena is nine days of prayer in preparation of a celebration of a feast day. In a message to St. Faustina, our Lord asked that the Chaplet be recited as a Novena in preparation for Divine Mercy Sunday. He promised, "By this Novena (of Chaplets), I will grant every possible grace to souls." For each of the nine days from Good Friday to Easter Saturday there is a different intention. You can access the details of the Novena (as a document or podcast) [here](#).

## The Easter Story in Plain English from the God Who Speaks Team

The God Who Speaks Team has provided an Easter story resource designed for children.



The new [Easter story resource](#) is designed for children who prefer the Bible in plain English words and pictures; with a character code to help bring the stories to life.



## Divine Mercy Sunday

**Divine Mercy Sunday**

**1st Sunday after Easter**

Our Lord's words to Saint Faustina regarding Divine Mercy Sunday:

*"The soul that will go to Confession and receive Holy Communion shall obtain complete forgiveness of sin and punishment." (Diary #699)*

The Sunday after Easter is celebrated as Divine Mercy Sunday. St. Pope John Paul II declared Divine Mercy Sunday as a Feast of the Universal Church in 2000, on the occasion of the Canonisation of Sister Faustina Kowalska. St. Faustina was prompted by the Lord to promote the [Chaplet of Divine Mercy](#), the [3.00pm Prayer](#) and the [Feast of Divine Mercy](#), including the [Novena](#) which leads up to it.

Over many years in Cardiff, Divine Mercy Sunday has been celebrated at St. Alban's, the Church which is now the home of the Oratory of St. Philip Neri in formation, Cardiff.

On Divine Mercy Sunday, a Sung Mass of Divine Mercy with Blessing of the Divine Mercy Image will take place at 10am at St. Alban's. At 3pm, the 3 o'clock Prayer & Chaplet of Divine Mercy will be prayed followed by the Act of Consecration to Jesus and communal Act of Veneration of the Divine Mercy image. Individual veneration is not possible owing to Covid-19 guidance. The 3pm devotions will be followed at 4pm by Solemn Vespers and Benediction of the Blessed Sacrament.

St. Alban's is a large church, so even with social distancing it will not be necessary to book to attend Mass or the afternoon devotions. However, a mask must be worn in the Church. If you are not able to attend in person, you can access Mass and devotions on the [Oratory You Tube Channel](#).

### **New Archdiocesan Evangelisation Programme**

The Diocesan Evangelisation Commission is pleased to announce its new programme: **Spread the Gospel: Developing a Missionary Parish.**

The Commission has spent the year of lockdown creating the programme and then piloting, reviewing, and amending it. The Programme has been approved by His Grace, Archbishop George Stack. It is a seven-week programme, running for one and half hours via Zoom on one evening a week. The dates will be Wednesday, April 21st and 28th, May 5th, May 12th and May 19th, June 9th and June 16<sup>th</sup>. It will be delivered by members of the Evangelisation Commission.

The Programme is open to all parishioners and clergy across the Archdiocese.

The new Programme will remind participants of the Great Commission and the basic Gospel message. It will cover a rudimentary history of the early church and will consider important messages from recent papal papers, how to give witness testimonies, evangelise non-church going Catholics with practical approaches and tools for building a parish team to evangelise. The Genesis Mission will be an important follow-on activity offered to participants, providing the necessary skills for successful encounters.

For more information and to register for the Programme, please email Madeleine Walters at [madeleine.walters@rcadc.org](mailto:madeleine.walters@rcadc.org)

### **Archdiocesan Thanksgiving for Marriage Mass**

The Archdiocesan Thanksgiving Mass for Marriage will take place on Saturday, May 15<sup>th</sup> at 11am, during National Marriage week. The Mass is being hosted and celebrated by Fr. Michael Doyle of All Saints parish, Newport and you can join the Mass livestream via the [All Saints YouTube channel](#)

**If you (or your parents or grandparents or anyone else) celebrated or are celebrating a milestone anniversary in 2020-21 (Archdiocese of Cardiff) [please email](#) your full names and the anniversary you are marking so you can be listed in the Mass booklet.**

This Mass is being co-ordinated by the [Archdiocesan Family Life Commission](#) and, pandemic restrictions permitting, it is hoped that couples can be invited to represent their deaneries but this will be confirmed after Easter. All are welcome to join the Celebration online and, during the Mass, all couples will be encouraged to make the Renewal of Commitment together at home.

The Commission would like to produce a reflective presentation for the Mass and so we would encourage you send a wedding photo, ideally taken inside or outside the church in which you were married, that you are happy to be included in a promotional slideshow that will be shared during the Mass and also on Archdiocesan social media platforms (please include the name of your parish including area/town). In addition, the Archdiocesan Building Resilience Team would also be particularly interested in photos of weddings that took place in one of our heritage churches: namely St. Mary's, Stow Hill, Newport; St. Michael's, Pil, Newport; Our Lady of Peace, Newbridge & St Dyfrig's, Trefforest. [Please email](#) all photos and anniversary details by Sunday, April 18<sup>th</sup> for inclusion in the Mass booklet and/or presentation.

**Two poems – one written and one shared by our parishioners,  
With Thanks**

After surviving a recent hospital stay, I put together a prayer/poem of thanks:

I'm 85 and still alive thanks to our Lord above.  
He looked after me both day and night and blessed me with his love.

With the greatest empathy towards Canon William, I pray to God that He gives to him what He's given to me.

*JE*

**Gone from my sight**

I am standing on the seashore. Suddenly a ship at my side spreads her white sails to the morning breeze and starts out for the blue ocean. She is an object of beauty and strength, and I stand and watch her until at length she is only a ribbon of white cloud just above where the sea and sky mingle with each other. Then someone at my side says: "There! She's gone!" Gone where?

Gone from my sight – that is all. She is just as large in mast and hull as she was when she left my side and just as able to bear her load of living freight to the place of destination. Her diminished size is in me, not in her and just at the moment when someone at my side says: "There! She's gone!" there are other voices ready to greet her with a glad shout: "There! She comes!" And that is dying.

### **School Governors needed – Christ the King Primary School**

Christ the King Primary school has 4 places for new school governors to be appointed. It is critical that parishioners support the Catholic education sector with their time and commitment. Support and training are given to successful applicants. If any parishioners would like further information or would like to express an interest in joining the governing body, please contact the Headteacher - Mrs Susan Miles Tel: 029 2075 4787

### **Housebound Parishioners without internet access**

If any parishioner knows of any Catholic in the parish who is housebound and unable to access the parish newsletter online, please let us know at [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org) so that the newsletter can be mailed directly to them. Many thanks to Peter Searle who prints and posts the newsletter to housebound parishioners each week.

### **Donations to the Parish – Virgin Money Giving**

Donations to the parish made online should be completed at the following web address:  
<https://uk.virginmoneygiving.com/fund/Stteiloswitholo>

Please continue to donate via Virgin Money Giving for those one-off donations or consider a Standing Order for regular monthly donations to the life of the parish. If you would like to set up a standing order, please e-mail [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org) for more information.

### **Mass Intentions**

Please note that Mass Intentions for particular days are being booked up very quickly. The next free date is May 1<sup>st</sup>. If you do have an intention for which you want a Mass in the next few months, please think about booking it as soon as possible.

If you would like to book Mass Intentions, please do so by email to [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org). The donations can be made via the [Donation link](#) on the Parish Website. The guidance is that the minimum donation for a Mass intention should be £10 but your donation amount is at your discretion.

### **Online Newsletter**

If you have any items you would like us to include in the newsletter, please email:  
[whitchurch@rcadc.org](mailto:whitchurch@rcadc.org).

### **Praying for the Sick and the Dead**

We have a long-standing tradition of praying for the sick and the recently deceased by name during our Masses on weekdays. During the pandemic, we are remembering our sick and dead at each Mass. Please do let me know if you would like me to add someone to the sick list or the list of the recently deceased. To do so, please email me on [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org) ensuring that you include the person's name and whether (s)he should be added to the sick list or the list of those who have died.

## Staying in touch with the Parish

If there are any updates on the situation or items of parish news, these will be updated first on the parish Facebook page (<https://www.facebook.com/stteilos.olol/>) or the parish twitter account ([https://twitter.com/stteilos\\_olol](https://twitter.com/stteilos_olol)) followed by the parish website (<https://stteilos-olol.co.uk/>).

## Children's Liturgy and Family Time

For Holy Week we have two items for children to use. In addition to the usual item for today, Palm Sunday, we have material which covers the Easter Triduum. They are below. You can access the Family Time Leaflet for Palm Sunday by clicking on [this link](#).

Name \_\_\_\_\_

## ROOTS Activity Sheet

28 March – 3 April 2021  
Palm Sunday

### Mark 11.1-11

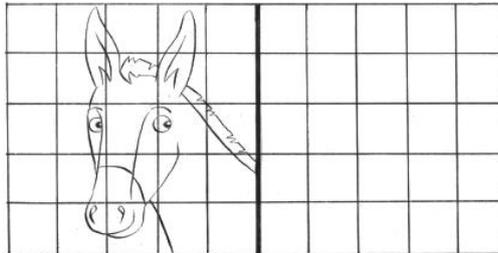
As Jesus enters Jerusalem during the preparations for a festival, he is welcomed by a crowd of people who celebrate his arrival by waving palm branches and singing, 'Hosanna!'



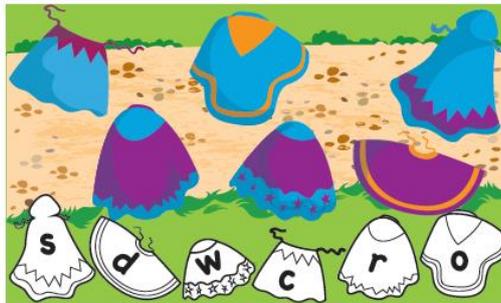
What would you be willing to give to Jesus?



Copy a colt using the drawing grid.



Match the cloak shapes to find the hidden word on the road.



Write a letter from one of the disciples thanking the owner of the colt for lending it to you.



# The Passion of Christ

## Resources for Holy Week based on paintings by Nebiyu Assefa

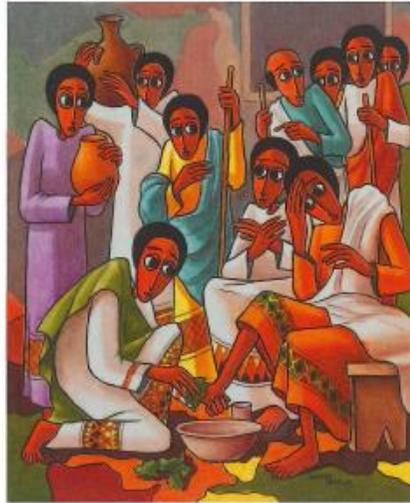
Suitable for children, young people and families.

These striking pictures by Ethiopian artist Nebiyu Assefa tell the story of Jesus' Passion in a bold and colourful way, and we offer them as a resource to help children, young people and families reimagine Jesus' journey to the cross and beyond.

Download the pictures [WEB](#) and use them as a static display, or a sequence of prayer stations, each with its own meditation, question to reflect on and prayer activity to do [WEB](#). Invite families to do a prayer walk during Holy Week, use them as the basis of a children's and/or young people's activity session, or hold a community outreach event in church on Maundy Thursday, Good Friday or Holy Saturday. Alternatively, give out the downloadable *Family Sheet* [WEB](#), for people to do at home together.

Artist Nebiyu Assefa's paintings feature in Joanna Brown's book *Jesus* (jozartpress.com), that interweaves the pictures with her own photos of the Holy Land to tell the story of Jesus. She links the life of Christ and his message of love and hope with her encounters with Israelis and Palestinians, and the paradoxes that she found.

### 1 Foot washing based on John 13.1-15



#### A meditation

*Look at the picture.*

Jesus washes his disciples' dusty feet. He wants to show them that no one is more important than anyone else. 'Do as I have done', he says.

#### Talk together

- Who is God challenging you to serve today?

#### Prayer activity

Take a piece of string and quietly think of three people whom you could treat more kindly. Tie three knots in your string, one for each person, and take it away as a reminder to care for them.

### 2 The Last Supper based on Luke 22.14-20



#### A meditation

*Look at the picture.*

Jesus has supper with his friends for the last time.

He takes bread and a cup of wine and holds them up.

'This is my body – given for you.

This cup is my blood – poured out for you.'

#### Talk together

- Why do we remember Jesus with bread and wine?

#### Prayer activity

Break off and eat a piece of bread and drink a small cup of grape juice. Remember Jesus, as you eat and drink them.

### 3 The Garden of Gethsemane based on Luke 22.39-46



#### A meditation

*Look at the picture.*

Jesus asks his disciples to stay awake while he goes to pray in the garden.

Jesus is upset. He feels alone. He knows he will die.

In the darkness, Jesus prays to his Father to save him, saying, 'but please, not what I want, but what you want be done.'

Jesus comes back to find the disciples sleeping. He challenges them to 'Get up and pray.'

#### Talk together

- What might Jesus want us to pray for?

#### Prayer activity

Listen to the song 'Keep watch with me' by Margaret Rizza, or the Taizé chant, 'Stay here and keep watch with me'.

## 4 Peter denies Jesus

based on Luke 22.54-62



### A meditation

Look at the picture.

What do you see? Which person is Peter?  
Where is Jesus?

Peter decides to follow Jesus and those  
who have arrested him into the high  
priest's house.

How is he feeling?

Peter is recognised – he's a disciple.

Why does he lie?

The cock crows.

How does he feel now?

### Talk together

- What do you need forgiveness for?

### Prayer activity

Take a small piece of play dough. Roll it into a ball and lay it on your hand. God has created us and we are perfect. Now put your thumb into it. Look at the messed up ball. We make mistakes and spoil what God has created. We need to say sorry. Think of things you need forgiveness for. Now make the ball into a heart, as a symbol of God's forgiveness and the love he pours into us.

## 5 Jesus carries his cross

based on Luke 23.26-27



### A meditation

Look at the picture.

Imagine that you are one of the  
people in the crowd.  
You watch as Jesus carries his cross.  
Then Simon is forced to carry it for him.  
Jesus is hurt from the whippings he's had.  
The cross is heavy.  
This is your Lord they are taking away.  
This is the one you thought would  
save the world  
He is going to die.

### Talk together

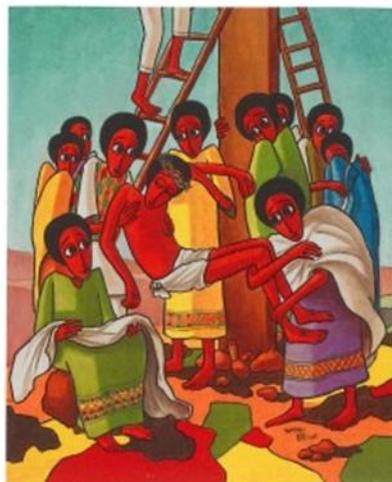
- Who might feel hopeless today?

### Prayer activity

Light a tealight and place it on a wooden cross. Think about Jesus knowing he was going to die.

## 6 Jesus is dead

based on Luke 23.44-56



### A meditation

Look at the picture.

See Joseph of Arimathea ready to wrap  
Jesus' body in a linen cloth.  
See Mary and John in the background,  
crying.  
See the wounds on Jesus' feet and hands  
and side.  
'Father, into your hands I commend my  
spirit,' Jesus had said.  
He has cried his last. He has died.  
Darkness has come on all the land.  
Darkness in our hearts and in our minds.  
Jesus is dead.  
We do not understand.  
A linen cloth will wrap his body.

### Talk together

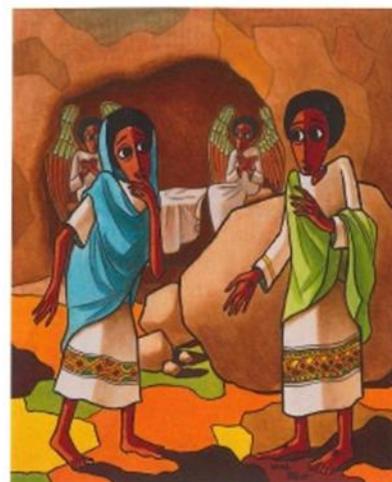
- How can we be like Jesus in the world?

### Prayer activity

Make a pipe cleaner figure and wrap it in a strip of material.

## 7 The empty tomb

based on John 20.11-18



### A meditation

Look at the picture.

Mary is outside the tomb crying.  
She sees two angels.  
'Why are you weeping?' they say.  
'They have taken my Lord.'  
Mary sees the gardener.  
'Why are you weeping?' he asks.  
'Tell me where he is' she says.  
Jesus calls her by her name: 'Mary.'  
Mary recognises that it is Jesus,  
'Teacher!'  
Mary runs to tell the others,  
'I have seen the Lord!'

### Talk together

- How can we share the good news of  
Jesus' resurrection with others?

### Prayer activity

Respond to God's call by making a flag with a sticky label and a cocktail stick. Write your name on it and place your flag in a sand tray.

Resources written by Pauline Godfrey.