



Whitchurch

Parish of St. Teilo's with Our Lady of Lourdes

A Parish of the Archdiocese of Cardiff, Registered Charity 242380

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Parish Newsletter

Weekend 19th – 20th September 2020
Twenty-Fifth Sunday in Ordinary Time

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Mass Times and Intentions week beginning 20th September 2020				
			Canon	Fr. Dwayne
Sunday 20 th September Twenty-Fifth Sunday of Ordinary Time	St. Teilo's and Online	10.00am	For the People of the Parish	Madeline Moore and Anthony Dart – RIP (VD)
Monday 21 st September St. Matthew, Apostle and Evangelist (Feast)	Online	10.00am	Anthony Dart – Anniversary (VD)	William Lonergan (JG)
Tuesday 22 nd Sept.	St. Teilo's and Online	10.00am	Paul William Thompson – Anniversary (Bill and Jo)	Bethan Durkin – RIP and family (TC)
Wednesday 23 rd Sept. St. Pio of Pietrelcina (Padre Pio)	Online	10.00am	Wellbeing of Dave Harris (Paolo)	Paula Frances Farrell (BMW-F)
Thursday 24 th Sept. Our Lady of Walsingham	St. Teilo's and Online	10.00am	Ken and Frances Williams (CJ)	Wellbeing of Patricia Lennon (RD)
Friday 25 th September	Online	10.00am	Tito and Anna Trisolini – RIP (Paolo)	Janice Taylor – Anniversary
Saturday 26 th Sept. Sts. Cosmas and Damian, Martyrs	Online	10.00am	Anthony Calderbank – RIP	Marie-Celene John – Anniversary (BE)
Sunday 27 th September	St. Teilo's and Online	10.00am	Margaret Anne Lane – RIP (WL)	Intentions of Josephine Matthews (RD)

Occasions when the Church is open for Mass

St. Teilo's will be open for Mass today at 10.00am. If you have not booked in advance and have not had verbal confirmation from Carole Burns – PLEASE DO NOT ATTEND.

St. Teilo's will also be open for Mass this week on Tuesday and Thursday at 10.00am and next Sunday at 10.00am. The booking arrangements are as usual and are outlined below.

The Bishops' Conference of England and Wales has confirmed that the obligation to attend Sunday Mass remains suspended. So please do not feel under any pressure to attend the Church when online or phone Masses are valid alternatives.

If you wish to attend Mass

- Booking will be by telephone on a 'first come, first served' basis. Carole Burns is the contact and can be telephoned on 07747 562847 **between 11am and 1pm on Monday, September 21st** for Mass on Tuesday, September 22nd or Thursday, September 24th or Sunday, September 27th. PLEASE DO NOT RING OUTSIDE THESE HOURS.
- You **must** book if you wish to attend Mass. We do not want to turn people away at the door, so if you have not booked in advance – PLEASE DO NOT ATTEND.
- By registering to attend Mass, you confirm the following conditions are met:
 - You currently show no symptoms for Coronavirus.
 - Should you develop symptoms prior to the service, you will NOT attend.
 - You agree to use hand-sanitiser as a condition of entry.
- **Please note that, due to Government regulations, Face Masks must be worn in Church.**
- It should be noted that there will be **no toilet facilities available**.
- You should arrive between 20 and 5 minutes before the start time of Mass.
- Please allow a Steward to show you to your seat.
- Please wait to be invited up to Holy Communion.
- Please refrain from talking to your friends who are not part of your household.
- No congregational singing is allowed at Mass and any responses should be made in a low tone, as singing and loud voices have been shown to spread the virus further.
- There will be no collection at Mass. You are encouraged to make your donation to the Church via standing order or online. If you wish to donate cash, please do so in the basket at the back of the Church, one of the wall boxes around the Church or in the votive candles box.

Please accept our apologies for any inconvenience or distress these regulations may cause. They are a requirement to enable public worship to take place.

Masses at Our Lady of Lourdes

Due to a miscommunication, Mass at Our Lady of Lourdes on Saturday, September 19th was announced last weekend when we did not have sufficient volunteers to open the Church. I would like to thank the additional volunteers, who are also volunteering at St. Teilo's, who gave up their time on Saturday evening to ensure we could celebrate the Mass as announced within the Government guidelines.

Currently we only have **two volunteers** to be regular stewards at Our Lady of Lourdes Church on Saturday evenings. Therefore, we will not be able to have the Sunday Vigil Mass in English at Our Lady of Lourdes for the foreseeable future. This is unless at least two, and preferably more, people volunteer to be on the rota of stewards.

Please may I ask anyone who is able to attend Our Lady of Lourdes on a Saturday at 5.30pm and meets the criteria for stewards outlined below, to volunteer as soon as possible. Volunteers to steward should email Mel Hopkins – melfyn.hopkins@sky.com.

Canon Isaac

Masses in October

We are continuing to struggle to have sufficient stewards for the two weekday Masses. While we have sufficient stewards for the weekday Masses throughout September, we will have to move to one weekday Mass plus one Sunday Mass from the start of October unless new volunteers become available – **Please consider volunteering if you are eligible.**

If you wish to volunteer and are aged 18 to 59 inclusive without any COVID-19 co-morbidities, then please email Mel Hopkins – melfyn.hopkins@sky.com and let him know:

- Your name
- Contact details – phone and email
- Age range (18-30, 30-40, 40-50, 50-59)
- Confirmation that you do not have a raised risk of Covid-19 infection
- Whether you want to Steward or Clean or both
- Which hours and days, of those above, you are able to volunteer
- Whether you will be available: weekly; fortnightly; monthly

Canon Isaac

Mass Times

Mass will continue to be broadcast live on the Parish Website from St. Teilo's at 10am each day. You are encouraged, not only to listen and watch the Mass but to take part by making the responses in your own home.

At Communion time each day, we will be led in praying St. Alphonse Liguori's Act of Spiritual Communion:

My Jesus,
I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You.

AMEN.

Polish Masses

Fr. Michał Oszczudłowski is now celebrating Mass in the Polish language at Our Lady of Lourdes, Gabalfa. Sunday Masses will be the Vigil Mass on Saturday Evening at 7pm and on Sunday at 10.00am and 12.00 noon. The changes are due to the need to clean and sanitise the Church between Masses. If you wish to attend any of these three Masses, you will need to book well in advance by emailing: lpcmcardiff@gmail.com Emails can be in Polish or English.

Further updates will appear on the Polish Community website in Polish – <http://polskaparafiaincardiff.org/>.

Polish First Holy Communion Celebrations

The Polish Community will be celebrating First Holy Communion at St. Teilo's, in small groups, to take account of the social distancing requirements in the Church and to enable the extended families of the candidates to attend online via the webcam. First Holy Communion Masses for the Polish Community will be on Saturday, September 26th and Saturday, October 3rd, each at 11.00am.

Exposition of the Blessed Sacrament

Following Mass on Sunday to Thursday, the Blessed Sacrament will be exposed for silent Adoration until around 5:30pm. You are welcome to go online to pray before the Blessed Sacrament during this time.

Live Streaming

The webcam in St. Teilo's will be left on at all times, so please take the opportunity to 'look in' on the Church for prayer at any time.

Dial For Mass

We will continue to operate the 'Dial for Mass' scheme for those who do not have access to the Internet. Ring to access our 'Dial for Mass' service. Mass will be available each Sunday from about 2.00pm and you can hear the previous Sunday's Mass by ringing the service at any time of day or night during the week.

The number is a local number from Cardiff based landlines – 22 670 999. If you are dialling from outside Cardiff or from a mobile phone, you will need to dial 029 2267 0999.

Prayer – Prayer of St. Teresa of Avila

Let nothing disturb you,
Let nothing frighten you,
All things are passing away.
God never changes.
Patience obtains all things;
Whoever has God lacks nothing.
God alone suffices.

Amen!

Quote of the Week



"I am the salvation of the people, says the Lord. Should they cry to me in any distress, I will hear them, and I will be their Lord for ever."
Entrance Antiphon of the Mass for the Twenty Fifth Sunday in Ordinary Time



Rest in Peace



In your mercy, please pray for the repose of the souls of Robert Gratten, Eliza Pemberton and Marie Johnson who died recently. Mr. Gratten's funeral will take place on Friday, September 25th at 2pm. Mrs. Pemberton's Requiem Mass will take place at St. Teilo's on Tuesday, September 29th at 11.45am. Marie, a faithful parishioner at Our Lady of Lourdes, died on Friday last, her funeral has yet to be arranged. Please note that, as per the Welsh Government restrictions, funeral services and Requiem Masses are only open to those who have been explicitly invited by the family.

Please pray also for those whose anniversaries occur at this time: Father Rowland Evans, Colin Jones, James Thomas, Anthony Dart, Rita Lafarte, Patricia Jones, Albert Coates, Terence Quinn, Patrick O'Driscoll, Byron Jones, Anthony Daly, George Richards, Joan Brennan, James Davies, Paul Thompson, Margaret Hill, Benjamin, Edith Burns, Violet Brown, Owen McCann, Dot Skehan, Dennis O'Keefe, Elanor Barber, Christopher Larkin, Breege Walsh, Muriel Murray, Timothy Burke, Mary Morris, Elizabeth Reakes, Jessie Davies, Thomas Reynolds, Stan Soreson, Patrick Callaghan, Patricia Smith, Doris Mc Cabe, Honora Bourge, George Richards, Michael Kelly, Marie-Celene John.

Memorial Candle

The candle burning in front of the Book of Remembrance this week is for the intentions of Nia.

Baptisms

With the easing of restrictions, Fr. Dwayne has recently been busy welcoming new members to the Church in the Sacrament of Baptism.

Please pray for Benjamin Carson, Amelia Hall and Molly Facey who have been baptised in the last few weeks and for Thomas Facey who was originally baptised in the Church in Wales, but who was received into full communion with the Catholic Church on Saturday, during the same service as his sister was baptised. We congratulate the newly baptised and received and their parents and godparents.

Sacraments during the pandemic

We are increasingly receiving queries about the current position of celebration of the sacraments in our churches with the ongoing amendments to Government guidance. Below is the latest position for each of the sacraments.

General – Applying to all Sacraments

The capacity of our churches under the Welsh Government Coronavirus legislation applies to all Sacraments and to all Masses.

St. Teilo's can accommodate 25 units. A unit is equal to 1 to 6 people per household or bubble. The maximum occupancy for St. Teilo's is 25 if made up of individuals or 96 if all households are the maximum size.

Our Lady of Lourdes can accommodate 25 units. A unit is equal to 1 to 5 people per household or bubble. The maximum occupancy for Our Lady of Lourdes is 25 if made up of individuals or 86 if all households are the maximum size.

Face Coverings must be worn at all times by any participant over the age of 12.

Baptism

At present, Baptisms which take place in our Churches will be for single families and cannot be held during the celebration of public Mass.

The child to be baptised will be held by the parents only. Other members of the family, including godparents and grandparents should be socially distanced by 2 metres at all times in household groups or bubbles in the Church. The whole of the Rite should take place around the font to avoid the excess movement of people in the church building. The priest will also remain at least 2 metres away from those congregated, except to pour the water of Baptism and to anoint the child.

First Holy Communion

The group of children who began their First Holy Communion preparation will restart the programme early in the New Year and work towards a May First Holy Communion for both the existing candidates and those new candidates who will be eligible in 2021. Detailed arrangements will be advertised in the Newsletter at the beginning of 2021.

Confirmation

The Confirmation programme will resume early in the New Year working towards Confirmation in May or June 2021 for both the existing candidates and those who have become eligible since lockdown. Detailed arrangements will be advertised in the Newsletter at the beginning of 2021.

Confession

Confessions can be heard by Fr. Dwayne by special arrangement. Confessions must be socially distanced with two metres between the celebrant and the penitent. They can take place out of doors, or in the side-chapel of the Church, but social distance must be maintained throughout. If indoors, face coverings must be worn by both the celebrant and the penitent. Confessions can not take place during, before or immediately after Mass, as the Church needs to be sanitised before and after Mass, so they should be arranged at an alternative time.

Marriage

Under the current regulations, the ceremony should be as brief as possible. Therefore, Nuptial Masses are not encouraged. The two-metre distance between households must be retained at all times. The bride can only be accompanied into the Church by members of her existing household. Other bridesmaids and witnesses must be seated in the Church in their own household rather than together as a group. The exception to the two-metre rule will apply to the Bride and Groom if they come from different households. Face coverings must be worn by all, though there is an exemption for the Bride and Groom during the vows and the 'first kiss'.

Funerals

The Government guidance on the Opening of Churches for Public Worship requires that the number of people attending Funerals is capped at 30 people. This applies to both funeral services and Requiem Mass. Alongside the member of clergy, Funeral Director and staff, the government advises that only the following should attend: members of the person's household, close family members. Funerals will be by invitation only.

Sacrament of the Sick

Priests under the age of 70 are now able to anoint a sick person at home. Preparations must be made so that the priest and the sick person is accompanied by no more than 1 other person and that, as far as is physically possible, the priest remains at 2 metres from the others present. The priest should be able to wash his hands for 20 seconds on entry and exit from the home. Otherwise hand sanitiser must be made available. The priest will extend his hands over the sick person in blessing, not touch them and the anointing will take place at arm's length using a cotton bud to administer the holy oil.

Communion to the housebound and elderly

Priests and Extraordinary Ministers of Holy Communion can now take communion to the elderly and housebound as long as the priest or minister is not personally at risk due to age or COVID-19 co-morbidities. Visits should only be made to one household at a time with sufficient time between visits for the minister to return to his or her own home immediately afterwards and to wash the pyx in hot soapy water and change his or her clothing. This is to avoid cross-contamination between households. The guidance on hand washing or sanitising, wearing a face covering and the 2 metre distance should be maintained at all times. Communion can only be given in the hand. The priest or minister should say the words: 'The Body of Christ' while at a distance and present the Blessed Sacrament to the communicant in silence.

Saints of the Week

St. Matthew

On Monday, we celebrate the Feast of St. Matthew the Apostle and Evangelist. Matthew was at work in the city of Capernaum, a bustling town with a customs house. It was just another day and Matthew was going about his job of collecting taxes. Nearby, Jesus was doing his job too, curing a paralysed man. It was an ordinary day for both of them. But after performing His miracle, Jesus walked down the main street of Capernaum, saw Matthew outside the customs house, and then...the normal day ended. Jesus said to Matthew, simply, directly, and with force, "Follow me." And then something astonishing happened. Matthew followed Him. In an instant, Matthew's life changed forever and always. Will we listen for the call of the Lord today?

St. Pio of Pietrelcina

Wednesday is the memoria of St. Pio of Pietrelcina, better known as Padre Pio. St. Pio was an Italian priest who was known for his piety and charity, as well as the gift of the stigmata. St. Pio was known for his piety, charity and the quality of his preaching. He famously advised, "Pray, hope and don't worry." Words of advice from which we could all benefit during this time of pandemic. There is much more about this saint of our times on the [St. Pio Foundation website](#).

Our Lady of Walsingham

While this memoria is compulsory in the English calendar, it is an option for celebration in Wales. Given Canon's recent visit and the ongoing devotion of many to the Little House of Nazareth as depicted in Walsingham in the days when England was a faithful daughter of Holy Mother Church, we will remember Our Lady of Walsingham on Thursday and pray for the conversion of our own land, as well as of our neighbours in England.

Sts. Cosmas and Damian

Saints Cosmas and Damian were Arabs who were brothers and medics. The prominence of their work caring for the sick as well as their faith as Christians meant that they became objects of persecution during the reign of the Emperor Diocletian and were martyred about the year 283. They are patron saints of pharmacists and their names are recalled in the First Eucharistic Prayer (the Roman Canon).

**Saints of the Month - Saints Michael, Gabriel and Raphael - Feast day Tuesday
September 29th**



St Michael and the Devil, Raphael, c. 1504 – c. 1505 or 1518, Source: Wikimedia Commons

Archangel Gabriel Annunciate, Fra Angelico, 1431 – 1433, Source: WikiArt

Archangel Raphael with Tobias, Pietro Perugino, c.1496 – c.1500, Source: WikiArt



The Year of the God who speaks team highlight the upcoming feast in which we celebrate the three named Archangels in Scripture – Michael, Gabriel and Raphael. Angels, or messengers from God, appear at key moments in Scripture and always point to the wonderful works of God and inspire worship of God.

St. Michael appears a few times throughout the Bible, in Daniel's vision as "the great prince" who defends Israel against enemies (Daniel 10:13-21) and in the Book of Revelation (Revelation 12:7-9) as leading God's armies in the final victory over evil. Devotion to Michael began in the East during the 4th Century. Michael is the Patron Saint of Police Officers and his symbol is a sword.

St. Gabriel is best known for his encounter with Mary at the Annunciation (Luke 1:26-38) but he also appeared in Daniel's visions (Daniel 8:15–26, 9:21–27). Gabriel is the Patron Saint of broadcasters and his symbols are a trumpet and a lily.

St. Raphael's appearance is recorded in the Book of Tobit where he guides Tobias (Tobit's son) on his journey to restore his family's wealth. On the way, Raphael protects Tobias, leads him to and heals his future wife, and heals Tobit of his blindness on their return. St. Raphael is the Patron Saint of travellers, the blind, ill health, happy meetings, nurses, doctors and care workers. He is often pictured holding a staff and either holding or standing on a fish.

The Season of Creation

At the present time, the Church is celebrating the Season of Creation which began on Tuesday, September 1st and continues until Sunday October 4th – the Feast of St. Francis of Assisi. The Bishops' Conference of England and Wales has provided resources and a video of Pope Francis, as part of its encouragement for us all to celebrate this season, especially in a year when the whole world seems in turmoil. The material and a background to the Season of Creation [can be found here](#).

Pastoral Care of the Housebound in the Parish

Many thanks to the three parishioners and the Society of St. Vincent De Paul members who were the only people to respond to my plea of the last two weeks. If you can help with the request below, please could you email whitchurch@rcadc.org as soon as possible.

Since the beginning of the lockdown, I have tried to stay in touch by telephone with those people who are on our parish sick communion list. For those who live locally to the Church, I have, where possible, dropped off copies of the Catholic Universe to parishioners. Though I am aware that, with so many other things going on, this contact has not always been as regular as I would have liked. But I thank those with whom I have been in contact during this time for their thanks and concern.

As we are gradually moving back towards the 'new normal', Fr. Dwayne and I would like to make sure that no one who is housebound and unable to attend Mass is left out of contact with the Church. If you know of anyone who is unable to attend Mass or access the online Masses via a computer, tablet or mobile phone, please let me know as soon as possible. I have already asked the SVP, who do such valuable work in the parish, to share their list of contacts with me. I would like each of you as parishioners to think carefully about the Catholics who sat near you during Mass before the lockdown, or who live in your street or local community. We will, of course, respect the data protection of any names and contact details which are given to us. If you have names and contact details, please email whitchurch@rcadc.org.

We hope, when we have a complete list, to be able to ensure weekly phone contact with the people concerned and to post them a printed copy of the Parish Newsletter. It is vital at this time that we do not forget the sick and the housebound and ensure that we, as an active parish community, remain in contact with them. I would like to thank the SVP who have continued to support people, at a distance, over the last few months, and hope that others might be willing to give some help to print and post the newsletters or be involved in the telephone contact. If so, please let me know.

If you have any other ideas of ways you could help the sick and housebound safely, from your own home, please let me know, on the email address above. All ideas are welcome. Fr. Dwayne and I will do our best to support all the initiatives that are suggested. Many thanks in advance.

Canon Isaac

Donations to the Parish – Virgin Money Giving

Donations to the Parish made online should be completed at the following web address:

<https://uk.virginmoneygiving.com/fund/Steiloswithold>

We raised £147 via the site last week. Please continue to donate via Virgin Money Giving for those one off donations or consider a Standing Order for regular monthly donations to the life of the Parish. If you would like to set up a standing order please e-mail whitchurch@rcadc.org for more information.

Mass Intentions

Many thanks to those parishioners who submitted Mass Intentions during the week. With the arrival of Fr. Dwayne, we benefit from having both of the priests celebrating Masses for the intentions of those who choose to request them. You will note both sets of intentions in the list above.

Please continue to show your usual generosity in requesting Masses. If you do wish to request a Mass, please do so by email to whitchurch@rcadc.org The donations can be made via the [Donation link](#) on the Parish Website or you can write the intention on an envelope with the donation inside and drop it into the Presbytery letterbox. The guidance is that the minimum donation for a Mass intention should be £10 but your donation amount is at your discretion.

Praying for the Sick and the Dead

We have a long-standing tradition of praying for the sick and the recently deceased by name during our Masses on weekdays. During the pandemic, we are remembering our sick and dead at each Mass. Please do let me know if you would like me to add someone to the sick list or the list of the recently deceased. To do so, please email me on whitchurch@rcadc.org ensuring that you include the person's name and whether (s)he should be added to the sick list or the list of those who have died.

Canon Isaac

Online Newsletter

If you have any items you would like us to include in the newsletter, please email:

whitchurch@rcadc.org.

Staying in touch with the Parish

If there are any updates on the situation or items of parish news, these will be updated first on the parish Facebook page (<https://www.facebook.com/stteilos.olol/>) or the parish twitter account (https://twitter.com/stteilos_olol) followed by the parish website (<https://stteilos-olol.co.uk/>) Updates are often made on these sites before they can appear in the following week's newsletter.

Children's Liturgy

Nick Davies continues to provide a copy of the sheet that would have been used for Children's Liturgy this weekend; many thanks to Nick for doing this. You might want to print it out and use it with your child.

Name

Philippians 1.21-30

Paul helps us to think about making the right choices and sticking with them when it's hard.



Family time

Talk How do we know the right choices to make?

Do Watch *Moana* [U]. Moana chooses to take on a daring mission to help her people. She keeps going, even when it's hard.

Pray Lord Jesus, like Paul, help me to think about other people through the choices I make. **Amen.**

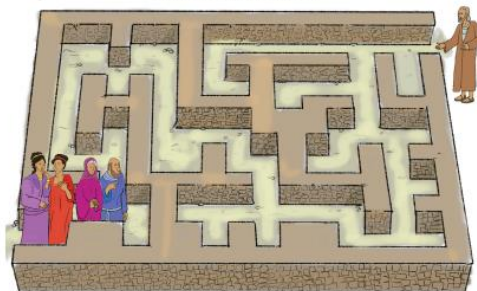
Activity time



Add the expression Paul might be making, as he has to decide whether to stay with his friends or go to be with Jesus.



Find the right path for Paul to be with the Philippians.



ROOTS Children's Sheet

20-26 September 2020



Choose the right words by circling them in each of these sentences from Paul's letter to the Philippians:

I don't know what to choose. I could keep on living and doing something useful / wrong. It is a hard / easy choice to make. I want to live / die and be with Christ, because that would be much better / worse. But I know that all of you still want / need me. That's why I am sure I will go away / stay on to help you grow and be OK / happy in your faith.