



Whitchurch

Parish of St. Teilo's with Our Lady of Lourdes

A Parish of the Archdiocese of Cardiff, Registered Charity 242380

Old Church Road, Whitchurch, Cardiff, CF14 1AD Tel: 029 2062 3444

Email: whitchurch@rcadc.org Web: www.stteilos-olol.co.uk

Parish Priest: Canon William Isaac

Parish Safeguarding Officer: Gerry Lewis – Tel: 029 2061 6557



Parish Newsletter

Weekend 18th – 19th July 2020

Sixteenth Sunday of Ordinary Time

List of Topics in this newsletter – click on the topic list to get to the relevant section

Mass Times and Intentions week beginning 19 th July 2020	2
Opening the Church for Mass	2
Mass Times	3
Polish Masses.....	4
Exposition of the Blessed Sacrament	4
Live Streaming.....	4
Dial For Mass.....	4
Opening St. Teilo's for private prayer.....	4
Quote of the Week.....	5
BBC Radio 4 to broadcast "A Word for All Seasons" today	5
Rest in Peace	5
Catholic People.....	5
The Precious Blood	5
A month of prayer for those who are distressed or mentally ill at this time	6
Prayer to Saint Joseph, in Time of Distress	6
The Feast of St. Mary Magdalene.....	7
The Feast of St. Bridget of Sweden	7
St. Charbel Makhoulf	7
The Feast of St. James the Apostle.....	8
Mass Intentions.....	8
Donating to the Parish – Virgin Money.....	8
Praying for the Sick and the Dead	8
Online Newsletter	9
Staying in touch with the Parish.....	9
Children's Liturgy	9
Standing Order Mandate.....	10

Mass Times and Intentions week beginning 19th July 2020			
Sunday 19 th July Sixteenth Sunday of Ordinary Time	Online	10.00am	Bridget Byrne – Anniversary (Madeleine) Honora and John O’Keefe (O’Keefe Family)
Monday 20 th July	Online	10.00am	Bill and William Hall (CH)
Tuesday 21 st July	Online	10.00am	Ellen Barlow – Recently Deceased
Wednesday 22 nd July St. Mary Magdalene – Feast	Online	10.00am	Jenkins Family Intention
Thursday 23 rd July St. Bridget of Sweden, Religious, Patron of Europe – Feast	Online	10.00am	Intentions of Hilary Coulson and Family (CB)
Friday 24 th July St. Sharbel Makhluf, Priest	Online	10.00am	Christina Lewis – RIP (P&CS)
Saturday 25 th July St. James, Apostle – Feast	Online	10.00am	Thomas, Joanna, John and Donal Morgan (MG)
Sunday 26 th July Seventeenth Sunday of Ordinary Time	Online	10.00am	For the People of the Parish

Opening the Church for Mass

As mentioned in last week’s newsletter, the Welsh Government has now allowed our churches to be open for Public Worship. Currently, due to the necessary restrictions under which we can safely operate, we will only be able to offer this facility at St. Teilo’s not at Our Lady of Lourdes. Due to the same requirements, attendance will be limited. I would like to thank Paul Doherty, Melfyn Hopkins, Carole Burns and the team of volunteers, without whom we would not be able to open at all.

The Bishops’ Conference of England and Wales has confirmed that the obligation to attend Sunday Mass remains suspended. So please do not feel under any pressure to attend the Church when online or phone Mass are valid alternatives. I will continue to celebrate Mass online each day whether the Church is open for public worship or not

St. Teilo’s will be open for Mass next weekend on Sunday at 10.00am.

I had hoped we could be open for one or two Masses during the week but we can only open on more occasions if we have additional volunteers. Further times will be made available if additional volunteers come forward.

If you wish to volunteer and are aged 18 to 59 inclusive without any COVID-19 co-morbidities, then please email Mel Hopkins – melfyn.hopkins@sky.com and let him know:

- Your name
- Contact details – phone and email
- Age range (18-30, 30-40, 40-50, 50-59)
- Confirmation that you do not have a raised risk of Covid-19 infection
- Whether you want to Steward or Clean or both
- Which hours and days, of those above, you are able to volunteer
- Whether you will be available: weekly; fortnightly; monthly

Canon Isaac

If you wish to attend Mass

- Booking will be by telephone on a 'first come, first served' basis. Carole Burns has agreed to be the contact and can be telephoned on 07747 562847 between 11am and 12 noon and 5pm and 6pm each day up to the evening before the Mass you wish to attend.
Bookings for next Sunday's Mass will begin from Monday, July 20th
- You **must** book if you wish to attend Mass. We do not want to turn people away at the door, so if you have not booked in advance – PLEASE DO NOT ATTEND.
- By registering to attend Mass, you confirm the following conditions are met:
 - You currently show no symptoms for Coronavirus.
 - Should you develop symptoms prior to the service, you will NOT attend.
 - You agree to use hand-sanitiser as a condition of entry.
- It should be noted that there will be **no toilet facilities available**.
- You should arrive between 20 and 5 minutes before the start time of Mass.
- Please allow a Steward to show you to your seat.
- Please wait to be invited up to Holy Communion.
- Please refrain from talking to your friends who are not part of your household.
- No congregational singing is allowed at Mass and any responses should be made in a low tone, as singing and loud voices have been shown to spread the virus further.
- Communion will only be possible if a Eucharistic Minister, who is not in an at risk group, is available at the Mass.
- There will be no collection at Mass. You are encouraged to make your donation to the Church via standing order or online. If you wish to donate cash, please do so in one of the wall boxes around the Church or in the votive candles box.

Please accept our apologies for any inconvenience or distress these regulations cause, they are a requirement to enable public worship to take place.

Mass Times

Mass will continue to be broadcast live on the Parish Website from St. Teilo's at 10am each day. You are encouraged, not only to listen and watch the Mass, but to take part by making the responses in your own home.

At Communion time each day, Canon will lead us in praying St. Alphonse Liguori's Act of Spiritual Communion:

My Jesus,
I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You.
AMEN.

Polish Masses

Fr. Michał Oszczudłowski will say Mass in the Polish language at 10.30am each weekday. From next Sunday, Polish Mass will be celebrated at 12 noon, to allow time for the Church to be sanitised after the 10am Mass in English.

Exposition of the Blessed Sacrament

Each day, where possible, following the Masses, Canon or Fr. Michał will expose the Blessed Sacrament for silent adoration until around 5:30pm. You are welcome to go online to pray before the Blessed Sacrament during this time.

Live Streaming

The webcam in St. Teilo's will be left on at all times, so please take the opportunity to 'look in' on the Church for prayer at any time.

Dial For Mass

We will continue to operate the 'Dial for Mass' scheme for those who do not have access to the Internet. Ring to access our 'Dial for Mass' service. Mass will be available each Sunday from about 2.00pm and you can hear the previous Sunday's Mass by ringing the service at any time of day or night during the week.

The number is a local number from Cardiff based landlines – 22 670 999. If you are dialling from outside Cardiff or from a mobile phone, you will need to dial 029 2267 0999.

Opening St. Teilo's for private prayer

St. Teilo's will be open for private prayer this week:

Sunday from 12.00noon to 1pm
Friday from 2.00pm to 4.00pm

Quote of the Week



“Behold, I stand at the door and knock, says the Lord. If anyone hears my voice and opens the door to me, I will enter his house and dine with him, and he with me.”

Communion Antiphon for the Sixteenth Sunday in Ordinary Time



BBC Radio 4 to broadcast “A Word for All Seasons” today



At 8:10am today, July 19th, on Radio 4, also available for 28 days on BBC Sounds, the Sunday Worship programme will come from the Diocese of Leeds where priests and parishioners have been exploring the ‘Word Unlocked’ as part of the ‘Year of the Word’. Fr. Michael Hall will lead ‘A Word for All Seasons’ to reflect on how the ‘God who Speaks’ meets us in the changing

circumstances of our lives.



The service will include Scripture passages that have particular emphasis on the importance of the Word of God and hymns and motets previously recorded in Leeds Cathedral by the Leeds Diocesan Choirs. The homily will be given by the Diocese of Leeds’ newest priest, the soon-to-be “Father” Henry Longbottom, who will be ordained in Leeds Cathedral just two days before the Sunday Worship Programme.

Rest in Peace



Please also pray for the souls of those whose anniversaries occur at this time: Canon Sean Kearney, Father Colin Henneberry, Helen Johns, Thomas Angus, Jovita (Joy) Walden, Catherine McNulty, Joan Clements, Hanna Mears, Millicent Swaithe, David Caley, John Reynolds, Monica Darlington, Honora O’Keefe,

Julia Fitzgerald, Mary Sweetman, Lewis Hughes, Giovanna Bacigoliyso, Dino De Biassi, Domenica Franchi, Wilfred Trenchard, Anna Mawn, Doreen Gardiazabal, Kathleen Needs, Mary Hitchman, Margaret Divine, Ellen Flanagan, David Nelson, Catherine Hays, Cyril Lunn and David Woodward.

Catholic People

The July edition of the Archdiocesan Newspaper [Catholic People](#) is now available. Canon Isaac’s time in lockdown is reported on Page 3. Our parishioner, Teresa O’Driscoll, also has her regular bible meditation session on page 2. There are, of course, other interesting items from further afield.

The Precious Blood

This month is the month in which we honour the Precious Blood of Our Lord and Saviour Jesus Christ. In this month, we are reminded that Jesus is wholly and truly present, Body, Blood, Soul and Divinity in the Most Precious Blood in the Chalice. One of the fruits of the Second Vatican Council has been the gift of receiving, under a fuller sign, the Precious Blood of

the Lord. While we receive the Body, Blood, Soul and Divinity of Jesus when we receive Communion under only one kind, the sign is made clearer when we receive under both kinds. As Catholics, we need to remember that Jesus is truly present in the Chalice and, as such, we need to treat the Precious Blood in the Chalice with the same respect and reverence as we do the Eucharist in the tabernacle.

The image of the Precious Blood is a rich one in Church tradition. As St. Peter says in his first Letter, "Remember, the ransom, that was paid to free you from the useless way of life your ancestors handed down, was not paid in anything corruptible, neither in silver nor gold, but in the precious blood of a lamb without spot or stain, namely Christ." (Peter 1:17-21). The Church reminds us that Jesus was entirely exsanguinated during His torture, crucifixion, and death, drinking the chalice of suffering "to the dregs" by shedding every last drop of His inestimably treasured blood. One drop of His blood, it has been said, would have been enough to redeem the world, but our Loving Saviour spared nothing in His suffering of the cruellest torments imaginable to show us that "God so loved the world".

A famous Benedictine author, Dom Prosper Guéranger, says:

"The Blood of the Man-God, being the pledge of peace between Heaven and earth, the object of profoundest worship, the centre of the whole liturgy and our assured protection against all the evils of this present life, deposits, even now, in the souls and bodies of those whom it has ransomed, the germ of eternal happiness. The Church, therefore, in her Collect, begs of the Father, Who has given us His Only-begotten Son, that this Divine germ may not remain sterile within us but may come to full development in Heaven."

During this month of the Precious Blood, may we remember to drink deeply of the loving gift of Jesus as we welcome Him into our hearts? Perhaps we could pray [the Litany of the Precious Blood](#) each day to remind us of the effect of the Precious Blood on our lives?

A month of prayer for those who are distressed or mentally ill at this time

As you know, during the month of the Precious Blood we are praying for those who are distressed or mentally ill at this time. Last week I shared with you a prayer to Our Lady. Today I invite you to join in this prayer to her spouse, St. Joseph.

Prayer to Saint Joseph, in Time of Distress

We come to you, holy saint Joseph, in our distress. Having sought the aid of your most blessed spouse, we now confidently implore your assistance also. We humbly beg that, mindful of the affection which bound you to the Immaculate Virgin Mother of God and of the fatherly love with which you cherished the Child Jesus, you will lovingly watch over the heritage, which Jesus Christ purchased with His blood and by your powerful intercession help us in our urgent need.

Prudent guardian of the Holy Family, protect the chosen people of Jesus Christ; drive far from us, most loving father, all error and corrupting sin. From your place in heaven, most powerful protector, graciously come to our aid in this conflict with the powers of darkness and as of old, you delivered the Child Jesus from danger of death, so now defend the holy Church from the

snares of the enemy and from all adversity. Extend to each one of us your continual protection, that, led on by your example and borne up by your strength, we may be able to live and die in holiness and obtain everlasting happiness in heaven. **Amen.**

Canon Isaac

The Feast of St. Mary Magdalene



On Wednesday we celebrate the feast of St. Mary Magdalene. Pope Francis declared her as the Apostle to the Apostles and elevated her role in the life of the Church from a Memoria to a Feast, but who was this important woman?



The Year of the God who Speaks team has published an article which explores who Mary Magdalene was and why her identity is so complex - www.godwhospeaks.uk/the-god-who-speaks/focus/scripture-and-saints/apostle-to-the-apostles-reclaiming-st-mary-of-magdala/

Mary Magdalene is often portrayed in art. The team has selected 6 paintings to show different facets of her character and life. Why not take a look? Go to www.godwhospeaks.uk/the-god-who-speaks/focus/scripture-and-saints/st-mary-magdalene-in-art/

The Feast of St. Bridget of Sweden

On Thursday, we celebrate the Feast of St. Bridget of Sweden. St. Bridget, known in Sweden as Birgitta, is not to be confused with St. Brigid of Ireland, patron of our neighbouring parish whose name is also often spelt Bridget, was married to a nobleman and had eight children. In 1333, at the age of 30 she was summoned to the court of the King of Sweden, where she served as lady-in-waiting to the queen. She tried without much success to moderate the riotous and indecent life of the royal court. After a pilgrimage to the shrine of Santiago de Compostela in Spain, Bridget and her husband Ulf decided to spend the rest of their lives in monasteries. Ulf died in 1344, but Bridget went on to found a double monastery, for men and women in separate but adjacent institutions, as the start of a new monastic order. In 1350 she travelled to Rome for the Holy Year and spent the rest of her life there caring for the poor and the sick, denouncing the excesses of the aristocracy, and robustly telling the Pope to return to Rome from exile in Avignon, France. In 1999 Pope St. John Paul II established St. Bridget, along with St. Benedict, Sts. Cyril and Methodius, St. Catherine of Siena and Saint Teresa Benedicta of the Cross (Edith Stein) as Patrons of Europe.

St. Charbel Makhlof

On Thursday we honour one of the more recent saints of the Church. St. Charbel Makhlof (1828 - 1898) was born in the Lebanon, the son of a mule-driver and brought up by his uncle, who did not approve of his devotion to prayer and solitude. He would go secretly to the monastery of St. Maron at Annaya and eventually became a Maronite monk and was ordained priest. After being a monk for many years, he was drawn to a closer imitation of the Desert Fathers and became a hermit. At his hermitage, he lived a severely ascetic life with much

prayer and fasting. He refused to touch money and considered himself the servant of anyone who came to stay in the three other cells that the hermitage possessed. He spent the last 23 years of his life there and increasing numbers of people would come to receive his counsel or his blessing.

The Feast of St. James the Apostle

In a week of many feasts we celebrate the feast of St. James the Apostle on Friday. The gospels tell us that he is the son of Zebedee and brother of St. John the Evangelist. James was fishing with his father and brother when Jesus came to the shores of the Sea of Galilee and called for the fishermen, who were unable to catch any fish that day, to dip their nets in the water once again. When the fishermen followed Jesus' instructions, they found their nets full and after emptying the fish on board, the boats nearly sank from their weight. James was one of only three of the Apostles called by Jesus to witness His Transfiguration and when James and his brother wanted to call fire upon a Samaritan town, both were rebuked by Jesus. Following Christ's Ascension, James spread the Gospel across the Roman Empire. He is said to have travelled and spread the Word for nearly forty years in Spain.

James was martyred for his faith and his remains were taken to Compostela, Spain, by some of his followers, who buried him. His remains are venerated at the tomb in the Cathedral of Santiago de Compostela.

Mass Intentions

Please note that Mass Intentions are now all booked until Wednesday, August 19th. If you wish to submit an intention for a Mass in the second half of July or later, please do so as soon as possible, to ensure you have your preferred date. Mass intentions should be emailed to whitchurch@rcadc.org clearly stating the intention for which the Mass is offered and your preferred date. The offering for the Mass can be made via the [Donation link](#) on the Parish Website or given to Canon when things return to normal.

Donating to the Parish – Virgin Money

Donations via the [Donation link](#) on the parish website in the last week have only amounted to £23.00. Many thanks to those who donate by this method. If you do use this link, please indicate whether your donation is for the parish, for Mass Stipends, the Memorial Candle or another charitable purpose. Many donors choose to remain anonymous, but I would like to thank those who donate anonymously and those who let me know their names. I am very grateful.

Canon Isaac

Praying for the Sick and the Dead

We have a long-standing tradition of praying for the sick and the recently deceased by name during our Masses on weekdays. During the pandemic, we are remembering our sick and dead at each Mass. Please do let me know if you would like me to add someone to the sick list or the list of the recently deceased. To do so, please email me on whitchurch@rcadc.org ensuring that you include the person's name and whether (s)he should be added to the sick list or the list of those who have died. *Canon Isaac*

Online Newsletter

If you have any items you would like us to include in the newsletter, please email: whitchurch@rcadc.org.

Staying in touch with the Parish

If there are any updates on the situation or items of parish news, these will be updated first on the parish Facebook page (<https://www.facebook.com/stteilos.olol/>) or the parish twitter account (https://twitter.com/stteilos_olol) followed by the parish website (<https://stteilos-olol.co.uk/>) Updates are often made on these sites before they can appear in the following week's newsletter.

Children's Liturgy

Nick Davies has provided a copy of the sheet that would have been used for Children's Liturgy this weekend; many thanks to Nick for doing this. You might want to print it out and use it with your child.

Name.....

Activity time

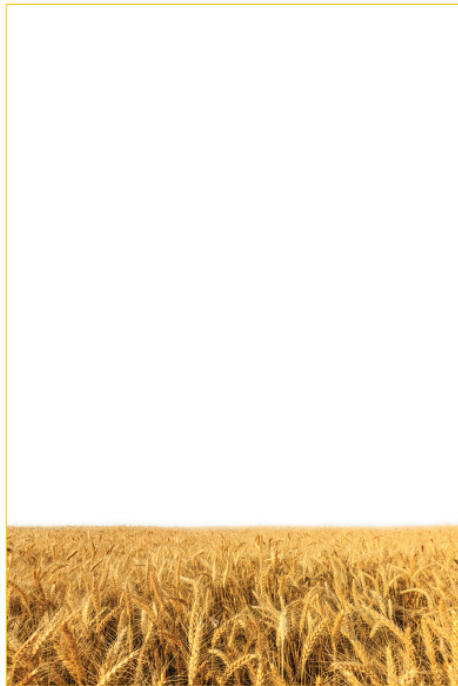


Matthew 13.24-30,36-43

Jesus tells a story to help us live in an imperfect world.



Can you draw what we would use to harvest wheat in the fields today?



ROOTS Children's Sheet

19-25 July 2020



Puzzle

Find your way through the field without treading on the wheat.



Use the clues to complete the four words which make a quote from the Bible passage.

Family time

Talk In what ways can we spread good seed in the world?

Do Watch an episode of Tractor Ted called 'Summertime'. Discuss what would have been different in the time that the Bible was written.

Pray Dear Jesus, help me stand strong: strong when I am scared, strong when I face decisions, strong when I am excited. Amen.

---	Song from the film <i>Frozen</i> '___ it go'
----	Bo + th
----	Get bigger
-----	gthotere = Unscramble the letters

Standing Order Mandate

To Bank / Building Society *
Address
.....
..... Post Code.....

Please set up a new standing order to:

Barclays Bank PLC,
City of Cardiff Branch,
Cardiff
CF1 1SG

Sort Code: 20-18-23

Account Name: ARCHDIOCESE OF CARDIFF

Account No.: 93870367

Please debit my/our bank account as follows:

Account Name:

Account No.:

Sort Code:

the sum of £..... (amount in words).....

starting on the..... day of (month)(year)

and on the same day every month until further notice.

Signature(s)

.....

Address

.....

..... Post Code

Please cancel any previous standing order in favour of the same beneficiary. This standing order supersedes all former arrangements.

Please send this form to your bank.