



Whitchurch

# Parish of St. Teilo's with Our Lady of Lourdes

A Parish of the Archdiocese of Cardiff, Registered Charity 242380

Old Church Road, Whitchurch, Cardiff, CF14 1AD Tel: 029 2062 3444

Email: whitchurch@rcadc.org Web: www.stteilos-olol.co.uk

Parish Priest: Canon William Isaac

Parish Safeguarding Officer: Gerry Lewis – Tel: 029 2061 6557



## Parish Newsletter

Weekend 4<sup>th</sup> – 5<sup>th</sup> July 2020

Fourteenth Sunday of Ordinary Time

List of Topics in this newsletter – click on the topic list to get to the relevant section

Mass Times and Intentions week beginning 5 <sup>th</sup> July 2020 .....	2
Dial For Mass.....	2
Quote of the Week.....	3
Mass Times .....	3
Polish Masses.....	3
Exposition of the Blessed Sacrament .....	4
Live Streaming.....	4
Rest in Peace .....	4
Opening St. Teilo's for private prayer.....	4
The Precious Blood .....	5
A month of prayer for those who are distressed or mentally ill at this time .....	6
Prayer to St. Dymphna.....	6
Thanks from the Society of St. Vincent De Paul .....	7
Apply for settled status as soon as possible .....	7
Mass Intentions.....	7
Donating to the Parish – Virgin Money.....	7
Praying for the Sick and the Dead .....	8
Online Newsletter .....	8
Staying in touch with the Parish.....	8
Children's Liturgy .....	9
A Message from His Grace the Archbishop .....	10
Standing Order Mandate.....	12

### Mass Times and Intentions week beginning 5<sup>th</sup> July 2020

Sunday 5 <sup>th</sup> July Fourteenth Sunday of Ordinary Time	Online	10.00am	For the People of the Parish
Monday 6 <sup>th</sup> July St. Maria Goretti – Virgin and Martyr	Online	10.00am	Geraldine Fitzgerald – RIP (M&GF) Mary Mannion – Anniversary (JD)
Tuesday 7 <sup>th</sup> July	Online	10.00am	Eileen and Alf Gerrard – RIP (GG) Nancy Usician – Anniversary (BB)
Wednesday 8 <sup>th</sup> July	Online	10.00am	Eddie Doyle - RIP (CL-W)
Thursday 9 <sup>th</sup> July	Online	<b>9.30am</b>	Terry – RIP, Wellbeing of Cath and Mrs Ryan (WJI)
Friday 10 <sup>th</sup> July	Online	10.00am	Peter and Chris Searle and family (WJI)
Saturday 11 <sup>th</sup> July St. Benedict – Abbot, Patron of Europe – Feast	Online	10.00am	John Blackey – RIP
Sunday 12 <sup>th</sup> July Fifteenth Sunday of Ordinary Time	Online	10.00am	Wellbeing of Martin Ginnelly and Vincent Thomas (MT)

**ST TEILO'S - CARDIFF**  
Listen to Mass on the telephone.

**NEW**  
Service

**DIAL FOR MASS\***  
**(029) 22 670 999**

\*Call charges apply at local rates  
A service for those who are unable to watch Mass on the parish website

#### Dial For Mass

A service for those of our parishioners and others, who are without access to the Internet. Ring to access our 'Dial for Mass' service. Mass will be available each Sunday from about 2.00pm and you can hear the previous Sunday's Mass by ringing the service at any time of day or night during the week.

The number is a local number from Cardiff based landlines – 22 670 999. If you are dialling from outside Cardiff or from a mobile phone, you will need to dial 029 2267 0999. Call charges will apply dependent on your contract with your phone company. Some people have free calls as part of their packages, either all the time or during weekends. If you do not have a free call plan, please remember that Mass will last around 35 to 40 minutes most Sundays and at the BT local call rate of 20p per minute, so the call could cost up to £8.

If you are in contact with a parishioner who does not have Internet access, please let them know this service is available.

### Quote of the Week



“Come to me, all you who labour and overburdened and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.”

*St. Matthew's Gospel for the Fourteenth Sunday of the Year.*



### Mass Times

Mass will be broadcast from St. Teilo's live at 10am each day apart from Thursday.

Please note that Mass on Thursday will be at the earlier time of 9.30am to enable Canon to lead the funeral of Mrs Kiff.

You are encouraged, not only to listen and watch the Mass, but to take part by making the responses in your own home.

At Communion time each day, I will lead us in praying St. Alphonse Liguori's Act of Spiritual Communion:

My Jesus,  
I believe that You  
are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment  
receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there and unite myself wholly to You.  
Never permit me to be separated from You.  
**AMEN.**

### Polish Masses

Fr. Michał Oszczudłowski will say Mass in the Polish language at 10.30am each day.

## **Exposition of the Blessed Sacrament**

Each day, following the Masses, Canon or Fr. Michał will expose the Blessed Sacrament for silent adoration until around 5:30pm. You are welcome to go online to pray before the Blessed Sacrament during this time.

## **Live Streaming**

The webcam in St. Teilo's will be left on at all times, so please take the opportunity to 'look in' on the Church at any time.

## **Rest in Peace**



In your mercy, please pray for the repose of the soul of Jennifer Kiff. Mrs. Kiff's funeral service will take place at Thornhill on Thursday at 10.15am, in line with the Welsh Government's regulations.

Please also pray for the souls of those whose anniversaries occur at this time: Daniel Ryan, Lydia Hutchinson, Patrick Ellis, Emilia Cowburn, Norah Williams, Philomena Jones, David Tohill, Gregory Powell, John Cosgrove, Mary Cox, Elizabeth McEvoy, Joan George, Samuel Moorland, Grace Murphy, Averille Davies, Daniel Kelly, Thomas Murphy, Kathleen Allen, William Barry, Christopher Robinson, Veronica (Vera) Thomas, Raymond Rogers, Terence Stephens, Bernard Summers, Albert Melia, Elizabeth Steele, Catherine Stephens, Percy Roberts and Augustine Aherne.

## **Memorial Candle**

The candle burning in front of the Book of Remembrance this week is for the repose of the soul of Freda Harris. May she, and all the faithful departed, rest in peace.

## **Opening St. Teilo's for private prayer**

St. Teilo's will be open for private prayer this week:

Sunday from 12.00noon to 1pm

Friday from 2.00pm to 4.00pm

We were very glad to be able to open the Church for two hours last Friday. Everything went according to plan and I would like to thank Paul Doherty, Melfyn Hopkins and Carol Burns for all their hard work, which has enabled this to happen. I would also like to thank the 12 volunteer cleaners and stewards, without whom we could not open. Members of the Polish congregation will join them this week. This enables us to open for an additional hour on Sunday.

While face coverings are not required to be worn in Church, it is regarded as courtesy to avoid infecting others to wear such coverings when in close proximity to others, for example, at the entrance and exit points in the Church.

Personal Protective Equipment is being provided for the cleaners and stewards. They are not planned for general use, so please bring your own face coverings and gloves if you plan to use them.

A reminder that anyone in the Church should not approach too closely to the altar steps, as the altar alarm will be on throughout the period of private prayer.

Please remember that due to the possibility of queues outside the Church, the car parking at the Church will only be available to a limited number of disabled drivers.

If we had more volunteers, we would be able to open at additional times. If you wish to volunteer and are aged 18 to 59 inclusive without any COVID-19 co-morbidities, then please email Mel Hopkins - [melfyn.hopkins@sky.com](mailto:melfyn.hopkins@sky.com) and let him know:

- Your name
- Contact details – phone and email
- Age range (18-30, 30-40, 40-50, 50-59)
- Confirmation that you do not have a raised risk of Covid-19 infection
- Whether you want to Steward or Clean or both
- Which hours and days, of those above, you are able to volunteer
- Whether you will be available: weekly; fortnightly; monthly

*Canon Isaac*

### **The Precious Blood**

This month is the month in which we honour the Precious Blood of Our Lord and Saviour Jesus Christ. In this month, we are reminded that Jesus is wholly and truly present, Body, Blood, Soul and Divinity in the Most Precious Blood in the Chalice. One of the fruits of the Second Vatican Council has been the gift of receiving, under a fuller sign, the Precious Blood of the Lord. While we receive the Body, Blood, Soul and Divinity of Jesus when we receive Communion under only one kind, the sign is made clearer when we receive under both kinds. As Catholics, we need to remember that Jesus is truly present in the Chalice and, as such, we need to treat the Precious Blood in the Chalice with the same respect and reverence as we do the Eucharist in the tabernacle.

The image of the Precious Blood is a rich one in Church tradition. As St. Peter says in his first Letter, “Remember, the ransom, that was paid to free you from the useless way of life your ancestors handed down, was not paid in anything corruptible, neither in silver nor gold, but in the precious blood of a lamb without spot or stain, namely Christ.” (Peter 1:17-21). The Church reminds us that Jesus was entirely exsanguinated during His torture, crucifixion, and death, drinking the chalice of suffering “to the dregs” by shedding every last drop of His inestimably treasured blood. One drop of His blood, it has been said, would have been enough to redeem the world, but our Loving Saviour spared nothing in His suffering of the cruellest torments imaginable to show us that “God so loved the world”.

A famous Benedictine author, Dom Prosper Gueranger, says:

“The Blood of the Man-God, being the pledge of peace between Heaven and earth, the object of profoundest worship, the centre of the whole liturgy and our assured protection against all

the evils of this present life, deposits, even now, in the souls and bodies of those whom it has ransomed, the germ of eternal happiness. The Church, therefore, in her Collect, begs of the Father, Who has given us His Only-begotten Son, that this Divine germ may not remain sterile within us but may come to full development in Heaven.”

During this month of the Precious Blood, may we remember to drink deeply of the loving gift of Jesus as we welcome Him into our hearts? Perhaps we could pray [the Litany of the Precious Blood](#) each day to remind us of the effect of the Precious Blood on our lives?

### **A month of prayer for those who are distressed or mentally ill at this time**

As I announced on Wednesday, the first day of July, we will dedicate this month in the parish to prayer for all those who are distressed, mentally challenged or mentally ill due to the circumstances of the pandemic. It seems to me that after the period of lockdown, many people are increasingly worried about their interaction with others in public places while the disease still rages. This worry, combined with the effects of lockdown, has impacted on many people. So many parishioners have spoken to me, or emailed me about it, that it seems right to focus on this theme and ask the aid of the saints in our prayers for each other.

As many of you will know, St. Dymphna is the patron of all those who suffer with mental and nervous disorders. St. Dymphna was born in the 7<sup>th</sup> century to a royal family in Ireland. Her mother was a devout Catholic, but her father Damon was not religious. The upbringing and care from her mother instilled a deep faith in Dymphna. However, her mother died when Dymphna was around fourteen years old. In his grief, Damon suffered from severe mental illness to the point of near insanity. He decided to marry Dymphna to replace his wife but the girl fled to Belgium. Unfortunately, Damon tracked down his daughter and ordered that Dymphna's head be cut off if she refused to marry him. Remaining true to her faith, Dymphna refused to comply. Damon's response was to kill his daughter by his own hand. She has been honoured as a Virgin Martyr ever since.

### **Prayer to St. Dymphna**

Good Saint Dymphna, great wonder-worker in every affliction of mind and body, I humbly implore your powerful intercession with Jesus through Mary, the Health of the Sick, in my present need. (Mention in your prayer your particular need, or that of a loved one).

Saint Dymphna, martyr of purity, patroness of those who suffer with nervous and mental afflictions, beloved child of Jesus and Mary, pray to Them for me and obtain my request.

Pray one Our Father, one Hail Mary and one Glory Be.

Saint Dymphna, Virgin and Martyr, pray for us.

*Canon Isaac*

### **Thanks from the Society of St. Vincent De Paul**

The Parish Conference of the SVP would like to thank the anonymous donor who recently gave £200 to support the work of the society in the parish.

There are many needs occurring in this time of pandemic. The Parish Conference is continuing to offer help that avoids direct person-to-person contact, in order to reduce the risk of infection.

### **Apply for settled status as soon as possible**

The government requires European citizens who have made their homes in the UK to make an application or risk losing their fundamental rights to live and work here. Everyone including children, needs to go through the process.

Exactly a year before the government's deadline for EU, EEA and Swiss citizens living in the UK to apply for Settled Status, one of the Bishops of England and Wales, who has gone through the process, is reminding those people concerned not to delay in making their application.

Bishop William Kenney, auxiliary Bishop of Birmingham and himself a Swedish national, says those who are eligible should apply well ahead of June 30<sup>th</sup>, 2021. [You can listen to his advice.](#)

Bishop Kenney warns that, while many people have found it straightforward, others have faced unexpected obstacles navigating the government's system or do not even realise that they are required to apply. He is therefore urging people to send in their applications early and is encouraging parishioners to look out for others who might need some support.

[Check your eligibility and make an application](#)

[Get help applying](#)

[More information from the European Commission](#)

[More information from Settled](#) – [includes many other languages]

### **Mass Intentions**

Please note that Mass Intentions are now all booked until Wednesday, August 19<sup>th</sup>. If you wish to submit an intention for a Mass in the second half of July or later, please do so as soon as possible, to ensure you have your preferred date. Mass intentions should be emailed to [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org) clearly stating the intention for which the Mass is offered and your preferred date. The offering for the Mass can be made via the [Donation link](#) on the Parish Website or given to Canon when things return to normal.

### **Donating to the Parish – Virgin Money**

Donations via the [Donation link](#) on the parish website in the last week have amounted to £438.00. Many thanks to those who donate by this method. If you do use this link, please indicate whether your donation is for the parish, for Mass Stipends, the Memorial Candle or another charitable purpose. Many donors choose to remain anonymous, but I would like to thank those who donate anonymously and those who let me know their names. I am very grateful.

*Canon Isaac*

### **Praying for the Sick and the Dead**

We have a long-standing tradition of praying for the sick and the recently deceased by name during our Masses on weekdays. During the pandemic, we are remembering our sick and dead at each Mass. Please do let me know if you would like me to add someone to the sick list or the list of the recently deceased. To do so, please email me on [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org) ensuring that you include the person's name and whether (s)he should be added to the sick list or the list of those who have died.

*Canon Isaac*

### **Online Newsletter**

If you have any items you would like us to include in the newsletter, please email: [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org).

### **Staying in touch with the Parish**

If there are any updates on the situation or items of parish news, these will be updated first on the parish Facebook page (<https://www.facebook.com/stteilos.olol/>) or the parish twitter account ([https://twitter.com/stteilos\\_olol](https://twitter.com/stteilos_olol)) followed by the parish website (<https://stteilos-olol.co.uk/>) Updates are often made on these sites before they can appear in the following week's newsletter.

# Children's Liturgy

A number of our younger people may have been missing Children's Liturgy while they have not been able to attend Mass. Nick Davies has provided a copy of the sheet that would have been used for Children's Liturgy this weekend. You might want to print it out and use it with your child.

Name.....

## Activity time

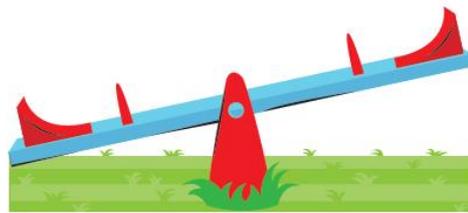
### Matthew 11.16-19,25-30

Jesus reassures us that no matter how busy life is, if we ask him, he will share our burdens and give us rest.



### Draw!

Can you balance? Draw yourself and a friend on either end of the see-saw.



### ?????? Puzzle

Look at these two pictures of a donkey carrying a heavy load. Can you spot five differences between the two pictures?



## ROOTS Children's Sheet

5-11 July 2020

### Write

Unscramble the words relating to things that Jesus offers us. Write the correct words on the backpacks.



## Family time

**Talk** How often do we 'carry on regardless' when really we need some help? Why are we often worried about asking for help?

**Do** Offer to help a neighbour or relative who is struggling with something. They may have difficulty carrying their shopping or weeding their garden.

**Pray** Father God, when we face situations that we find difficult, help us to remember that you are always there to share our troubles. Amen.

Answer: rest: peace, gentleness: easy yoke, light load

## **A Message from His Grace the Archbishop**

### **ARCHDIOCESE OF CARDIFF – ARCHESGOBAETH CAERDYDD**



### **EMERGING FROM LOCKDOWN A MESSAGE FROM ARCHBISHOP GEORGE STACK**

On 15 June the Welsh Government issued guidance with regard to funerals taking place in a crematorium, place of worship or a cemetery indicating that attendance should be restricted to members of the closest family and friends and only if they have been invited. The implication of this is that Funeral Services of the Liturgy of the Word - but no Requiem Mass - may take place in our churches with the necessary health and Safety precautions observed.

On 22 June places of worship were allowed to be opened for private prayer of individuals and members of the same family, once again under the same restrictions as above. It has taken a week or more for a number of our churches to be prepared with signage, social distancing measures and sanitation and volunteers in place. I am extremely grateful to all who have made strenuous efforts to accomplish this. Churches open, even if only for a few hours each day, are a great sign of home and encouragement. There will be some churches which are unable to fulfil these requirements and will have to remain closed for the foreseeable future.

On 2<sup>nd</sup> July 2020 the Welsh Government Task Force issued guidance for marriages to take place in public buildings and places of worship subject to the same conditions as above and with the necessary civil authorisation.

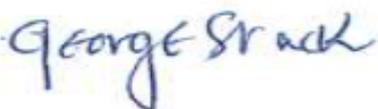
Although authorisation for public worship (the celebration of Mass and other devotions) has not yet been given by Welsh Government, these three steps are important milestones in our journey towards the new normality which we hope for when this crisis has passed. I am grateful for those churches which have taken the measures needed to ensure the risks of virus transmission are minimised in their opening. These measures include effective hand sanitation, social distancing, signage and deep cleansing. All of these remain a public duty.

I wish to thank everybody in the Diocese for sustaining the life of faith in so many creative ways during these difficult months. Our priests for celebrating Mass faithfully and for the innovative ways in which they have enabled participation through live streaming and other ways. Funerals and the care of the bereaved have been a special duty and privilege on the part of the clergy, bringing their own extra pressures with all the restrictions imposed. There have also been numerous examples of pastoral care shown by priests, religious and laity for those for whom lockdown has been a time of isolation and vulnerability. To those who have been involved in "works of charity" from simply befriending and supporting neighbours to the major distribution of food and other necessities, a special word of thanks.

Many families and individuals have been helped by the distribution of Food Vouchers which the Diocese has been able to access through a number of charities and Trusts. A special word must go to our hospital chaplains. They have played a vital role, together with their colleagues in the NHS, supporting the sick, the dying and the bereaved.

So, although we "wait in joyful hope" for the time when we can come together once more for Mass, we give thanks for the important steps of the phased re-opening of churches for private prayer, and for the provisions for the celebration of funerals and weddings in church. In the meantime, we continue our dialogue with the Welsh Government through the Faiths Forum and Task and Finish Group.

With every blessing

✠ 

Metropolitan Archbishop of Cardiff  
& Apostolic Administrator of Menevia

**Standing Order Mandate**

To ..... Bank / Building Society \*  
Address .....  
.....  
..... Post Code.....

Please set up a new standing order to:

Barclays Bank PLC,  
City of Cardiff Branch,  
Cardiff  
CF1 1SG

Sort Code: 20-18-23

Account Name: ARCHDIOCESE OF CARDIFF

Account No.: 93870367

Please debit my/our bank account as follows:

Account Name: .....

Account No.: .....

Sort Code: .....

the sum of £..... (amount in words).....

starting on the..... day of (month) .....(year) .....

and on the same day every month until further notice.

Signature(s) .....

.....

Address .....

.....

..... Post Code .....

Please cancel any previous standing order in favour of the same beneficiary. This standing order supersedes all former arrangements.

Please send this form to your bank.