



Whitchurch

Parish of St. Teilo's with Our Lady of Lourdes

A Parish of the Archdiocese of Cardiff, Registered Charity 242380

Old Church Road, Whitchurch, Cardiff, CF14 1AD Tel: 029 2062 3444

Email: whitchurch@rcadc.org Web: www.stteilos-olol.co.uk

Parish Priest: Canon William Isaac

Parish Safeguarding Officer: Gerry Lewis – Tel: 029 2061 6557



Parish Newsletter

Weekend 2nd – 3rd April 2020

Fourth Sunday of Easter

Good Shepherd Sunday – Vocations Sunday

List of Topics in this newsletter – click on the topic list to get to the relevant section

Mass Times and Intentions week beginning 3 rd May 2020	2
Quote of the Week.....	2
Vocations Sunday.....	2
Rosary before Mass.....	3
Mass Times	3
Polish Masses.....	3
Exposition of the Blessed Sacrament	3
Live Streaming.....	3
Rest in Peace	4
Memorial Candle.....	4
Apostles' Creed	4
Regina caeli.....	5
Mass Intentions.....	5
Online Newsletter	5
Visit from Archbishop George	5
Vocations Sunday – Pope Francis' Message for today.....	6
Queen of the May	9
Prayers during the Pandemic.....	9
Donating to the Parish	10
Praying for the Sick and the Dead	10
Staying in touch with the Parish.....	11
Reference Material.....	12
Closure of Churches	12
First Communion and Confirmation	12
Baptisms.....	12
Confession.....	12
Marriages.....	13
Funerals.....	13
Supporting the Vulnerable in the Community.....	13
Donating to the Parish	14
Standing Order Mandate.....	15

Mass Times and Intentions week beginning 3rd May 2020

Sunday 3 rd May Fourth Sunday of Easter	Online	10.00am	For the People of the Parish
Monday 4 th May	Online	10.00am	George Allan – RIP
Tuesday 5 th May St Asaph, Bishop	Online	10.00am	John Gardiner – Recently Deceased John Morgan – RIP
Wednesday 6 th May	Online	10.00am	Terry – RIP and Wellbeing of Cath (WJI)
Thursday 7 th May	Online	10.00am	Holy Souls (Alex) Emily Sullivan – RIP (BE)
Friday 8 th May	Online	10.00am	John and Josephine Bending – RIP (RCB)
Saturday 9 th May	Online	10.00am	Gallagher Family (JG)
Sunday 10 th May Fifth Sunday of Easter	Online	10.00am	For the People of the Parish

Quote of the Week

“The merciful love of the Lord fills the earth; by the word of the Lord the heavens were made, alleluia.”

Entrance Antiphon Fourth Sunday of Easter



Vocations Sunday

Today, the Fourth Sunday of Easter, is known as Good Shepherd Sunday because of the Gospel reading of the day taken from St. John which speaks of Jesus as the Good Shepherd. It is also celebrated by the Church as the World Day of Prayer for Vocations to the priesthood and the religious life. Please pray this prayer during the day and throughout the week:

Loving Father,
You call us by name.
As we journey through life
help us to be confident in our own unique identity
and to find opportunities to
develop our own gifts and passions.

We pray that the Holy Spirit
will pour on us wisdom and guidance
to help us realise and follow our dreams,
discerning your plan for our lives.

Bless Your Church
by raising up dedicated and generous people
from our families and friends
who will serve as Priests, Deacons,
Sisters and Brothers.
May we support one another in response to God's call.
We ask this through Jesus Christ our Lord.

Amen

Rosary before Mass

As is our tradition in the parish during the month of May, the Rosary will be said each weekday before Mass. This year will be slightly different from usual as Canon will lead the whole prayer, but all are welcome to join him at 9:40am to pray the Rosary before Mass.

Mass Times

As has now become familiar, Mass will be broadcast from St. Teilo's live at 10am each day including Sunday.

You are encouraged, not only to listen and watch the Mass, but to take part by making the responses in your own home.

At Communion time each day, I will lead us in praying St. Alphonse Liguori's Act of Spiritual Communion:

My Jesus,
I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You.

AMEN.

Canon Isaac

Polish Masses

Fr. Michał Oszczudłowski will say Mass in the Polish language at 10.30am each day.

Exposition of the Blessed Sacrament

Each day, following the Masses, Canon or Fr. Michał will expose the Blessed Sacrament for silent adoration until around 5:30pm. You are welcome to go online to pray before the Blessed Sacrament during this time.

Live Streaming

The webcam in St. Teilo's will be left on at all times, so please take the opportunity to 'look in' on the Church at any time.

Rest in Peace



In your mercy, please pray for the repose of the souls of Mary O'Driscoll, Colin Alistair Pike and David Patrick Brierley who have all died recently. Mrs. O'Driscoll's funeral will take place on Tuesday, May 5th, Mr. Pike's funeral will take place on Wednesday, May 6th and Mr. Brierley's funeral will take place on Wednesday, May 13th. All funerals will take place privately, in line with the Welsh Government's current regulations.

Please also remember in your prayers those whose anniversaries occur at this time: Emily Wells, Jessie Carton, Bernard Griffiths, Mary Reynolds, Mervyn Cole, Joseph St. Cassan, Teresa Gillard, Terence Full, Pauline McKendrick, Brian Crothers, Neil Deacy, Harriet Worthington, Mary Brown, Phillis Corrigan, Anne Print, Mary Fegan, Richard McCarthy, Henry Ball, Ann Haynes, Bnenislava Pruul, Frederick Jonker, May Kerman, Alan McLean, Mary Newman, Evelyn Williams, Catherine Barry, Michael Burrows, John Daly and Bernadette Delaney.

Memorial Candle

The candle burning in front of the Book of Remembrance this week is for the repose of the souls of Gornald and Janet Parsons. May they, and all the faithful departed, rest in peace.

Apostles' Creed

It is our practice in the parish to renew our commitment to the faith during the Easter Season by saying the Apostles' Creed at weekday Mass. This ancient Creed is a reminder of the Easter Faith of the Church, which we continue to celebrate.

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. **Amen.**

Regina caeli

During the Masses of Eastertime, we also pray the great Easter anthem to Our Lady. This anthem has been celebrated in the liturgy since the 12th Century. It is called, in Latin, Regina Caeli (Queen of Heaven). It is shared here, in the original and translation, for you to pray along:

Regína cæli, lætare, allelúia,
quia quem meruísti portáre,
allelúia,
resurréxit sicut dixit, allelúia;
ora pro nobis Deum, allelúia.

Queen of Heaven, rejoice, alleluia!
for he whom you were worthy to bear,
alleluia!
has risen as he said, alleluia!
Pray for us to God, alleluia!

Mass Intentions

Please note that Masses are now all booked until Friday, June 12th. If you wish to submit an intention for a Mass in the second half of June or later, please do so as soon as possible, to ensure you have your preferred date. Mass intentions should be emailed to whitchurch@rcadc.org clearly stating the intention for which the Mass is offered and your preferred date. The offering for the Mass can be made via the [Donation link](#) on the Parish Website or given to Canon when things return to normal.

Online Newsletter

If you have any items you would like us to include in the newsletter, please email: whitchurch@rcadc.org.

Visit from Archbishop George



It was a great pleasure to welcome His Grace the Archbishop to celebrate Mass at St. Teilo's last weekend. His Grace is travelling from Church to Church in the Archdiocese to ensure all the Clergy are well and coping with the 'lockdown'. He has asked me to send his best regards to all the parishioners of St. Teilo's with Our Lady of Lourdes.

Fiftieth Wedding Anniversary

Mr and Mrs Carol and John Gallagher celebrate their fiftieth Wedding Anniversary on Saturday the 9th. We send congratulation on behalf of the parish and myself to Carol and John. If these were more normal times I would be presenting them with a Papal Blessing from Pope Francis at the Mass we , to pray for them, on the day itself. This would add dignity to the celebration. Instead we send our best wishes and prayers.

I am sure the Gallagher family will be raising a glass in their homes to celebrate and I will join them, at least virtually, in doing this on Saturday. I look forward to the time when things return to normal and we can celebrate as a parish with them.

I want to note my personal thanks to John for all the help he gives me everyday, in normal times, in serving Mass and in many other ways in which he supports the parish with his expertise and experience. He also seems to spend a lot of time finding my keys and glasses when they go wandering in the sacristy!!

Carol and John: CONGRATULATIONS – LLONGYFARCHIADAU. May you know many more years of happiness together!

Canon Isaac

Vocations Sunday – Pope Francis' Message for today

In addition to the prayer provided above, could I encourage each of you to read and reflect on the lovely message, which Pope Francis has written about the meaning and purpose of this World Day of Prayer for Vocations.

Pope Francis' Message for the 2020 World Day of Prayer for Vocations

Dear Brothers and Sisters,

On August 4th last year, the 160th anniversary of the death of the Curé of Ars, I chose to write a letter to all those priests who daily devote their lives to the service of God's people in response to the Lord's call.

On that occasion, I chose four key words – pain, gratitude, encouragement and praise – as a way of thanking priests and supporting their ministry. I believe that today, on this 57th World Day of Prayer for Vocations, those words can be addressed to the whole people of God, against the backdrop of the Gospel passage that recounts for us the remarkable experience of Jesus and Peter during a stormy night on the Sea of Galilee (cf. Mt 14:22-33).

After the multiplication of the loaves, which had astonished the crowds, Jesus told his disciples to get into the boat and precede him to the other shore, while he took leave of the people. The image of the disciples crossing the lake can evoke our own life's journey. Indeed, the boat of our lives slowly advances, restlessly looking for a safe haven and prepared to face the perils

and promises of the sea, yet at the same time trusting that the helmsman will ultimately keep us on the right course. At times though, the boat can drift off course, misled by mirages, not the lighthouse that leads it home and be tossed by the tempests of difficulty, doubt and fear. Something similar takes place in the hearts of those who, called to follow the Teacher of Nazareth, have to undertake a crossing and abandon their own security to become the Lord's disciples. The risk involved is real: the night falls, the headwinds howl, the boat is tossed by the waves, and the fear of failure, of not being up to the call, can threaten to overwhelm them. The Gospel, however, tells us that in the midst of this challenging journey we are not alone. Like the first ray of dawn in the heart of the night, the Lord comes walking on the troubled waters to join the disciples; He invites Peter to come to him on the waves, saves him when he sees him sinking and, once in the boat, makes the winds die down.

The first word of vocation, then, is gratitude. Taking the right course is not something we do on our own, nor does it depend solely on the road we choose to travel. How we find fulfilment in life is more than a decision we make as isolated individuals; above all else, it is a response to a call from on high. The Lord points out our destination on the opposite shore and He grants us the courage to board the boat. In calling us, he becomes our helmsman; He accompanies and guides us; He prevents us from running aground on the shoals of indecision and even enables us to walk on surging waters.

Every vocation is born of that gaze of love with which the Lord came to meet us, perhaps even at a time when our boat was being battered by the storm. "Vocation, more than our own choice, is a response to the Lord's unmerited call" (Letter to Priests, 4 August 2019). We will succeed in discovering and embracing our vocation once we open our hearts in gratitude and perceive the passage of God in our lives.

When the disciples see Jesus walking towards them on the sea, they first think that He is a ghost and are filled with fear. Jesus immediately reassures them with words that should constantly accompany our lives and our vocational journey: "Take heart, it is I; have no fear" (Mt 14:27). This, then, is the second word I wish to offer you: encouragement.

What frequently hinders our journey, our growth, our choosing the road the Lord is marking out for us, are certain "ghosts" that trouble our hearts. When we are called to leave safe shores and embrace a state of life – like marriage, ministerial priesthood, consecrated life – our first reaction is often from the "ghost of disbelief". Surely, this vocation is not for me! Can this really be the right path? Is the Lord really asking me to do this?

Those thoughts can keep growing – justifications and calculations that sap our determination and leave us hesitant and powerless on the shore where we started. We think we might be wrong, not up to the challenge, or simply glimpsing a ghost to be exorcized.

The Lord knows that a fundamental life choice – like marriage or special consecration to His service – calls for courage. He knows the questions, doubts and difficulties that toss the boat of our heart, and so He reassures us: "Take heart, it is I; have no fear!" We know in faith that He is present and comes to meet us, that He is ever at our side even amid stormy seas. This

knowledge sets us free from that lethargy which I have called “sweet sorrow” (Letter to Priests, 4 August 2019), the interior discouragement that hold us back from experiencing the beauty of our vocation.

In the Letter to Priests, I also spoke about pain, but here I would like to translate the word differently, as fatigue. Every vocation brings with it a responsibility. The Lord calls us because He wants to enable us, like Peter, to “walk on water”, in other words, to take charge of our lives and place them at the service of the Gospel, in the concrete and everyday ways that He shows us, and specifically in the different forms of lay, priestly and consecrated vocation. Yet, like Saint Peter, our desire and enthusiasm coexist with our failings and fears.

If we let ourselves be daunted by the responsibilities that await us – whether in married life or priestly ministry – or by the hardships in store for us, then we will soon turn away from the gaze of Jesus and, like Peter, we will begin to sink. On the other hand, despite our frailty and poverty, faith enables us to walk towards the Risen Lord and to weather every storm. Whenever fatigue or fear make us start to sink, Jesus holds out His hand to us. He gives us the enthusiasm we need to live our vocation with joy and fervour.

When Jesus at last boards the boat, the winds die down and the waves are calmed. Here we have a beautiful image of what the Lord can do at times of turbulence and tempest in our lives. He stills those winds, so that the forces of evil, fear and resignation no longer have power over us.

As we live out our specific vocation, those headwinds can wear us down. Here I think of all those who have important responsibilities in civil society, spouses whom I like to refer to – not without reason – as “courageous”, and in a particular way those who have embraced the consecrated life or the priesthood. I am conscious of your hard work, the sense of isolation that can at times weigh upon your hearts, the risk of falling into a rut that can gradually make the ardent flame of our vocation die down, the burden of the uncertainty and insecurity of the times and worry about the future. Take heart, do not be afraid! Jesus is at our side, and if we acknowledge Him as the one Lord of our lives, He will stretch out his hand, take hold of us and save us.

Even amid the storm-tossed waters, then, our lives become open to praise. This is the last of our vocation words, and it is an invitation to cultivate the interior disposition of the Blessed Virgin Mary. Grateful that the Lord gazed upon her, faithful amid fear and turmoil, she courageously embraced her vocation and made of her life an eternal song of praise to the Lord.

Dear friends, on this day in particular, but also in the ordinary pastoral life of our communities, I ask the Church to continue to promote vocations. May she touch the hearts of the faithful and enable each of them to discover with gratitude God’s call in their lives, to find courage to say “yes” to God, to overcome all weariness through faith in Christ, and to make of their lives a song of praise for God, for their brothers and sisters and for the whole world. May the Virgin Mary accompany us and intercede for us.

Given at Saint John Lateran, Rome on March 8th, 2020, the Second Sunday of Lent.

Queen of the May

Even in our time of lockdown, we have many ways in which we can honour Our Lady, Queen of the May. As well as saying a daily rosary, we can visit, virtually, some of Our Lady's Shrines.

Given the wonders of modern technology we can pray at some of the famous shrines dedicated to Our Lady; such as [Walsingham](#), [Lourdes](#), [Fatima](#) or [Torrecuidad](#). There is even a European site from which you can choose to visit a wide [selection of Shrines](#).

Another wonderful way of marking this month is to visit the Rosary Way at the beautiful [Dominican Rosary Shrine](#) in London. They even have a [Virtual Reality](#) tour of the Church.

Prayers during the Pandemic

One of our parishioners has asked me to share these two prayers with the Parish at this time:

A Coronavirus Prayer

Jesus Christ, You travelled through towns and villages "curing every disease and illness." At Your command, the sick were made well. Come to our aid now, in the midst of the global spread of the Coronavirus, that we may experience Your healing love. Heal those who are sick with the virus. May they regain their strength and health through quality medical care. Heal us from our fear, which prevents nations from working together and neighbours from helping one another. Heal us from our pride, which can make us claim invulnerability to a disease that knows no borders. Jesus Christ, healer of all, stay by our side in this time of uncertainty and sorrow. Be with those who have died from the virus. May they be at rest with You in Your eternal peace. Be with the families of those who are sick or have died. As they worry and grieve, defend them from illness and despair. May they know Your peace. Be with the doctors, nurses, researchers and all medical professionals who seek to heal and help those affected and who put themselves at risk in the process. May they know Your protection and peace. Be with the leaders of all nations. Give them the foresight to act with charity and true concern for the well-being of the people they are meant to serve. Give them the wisdom to invest in long-term solutions that will help prepare for or prevent future outbreaks. May they know Your peace, as they work together to achieve it on earth. Whether we are home or abroad, surrounded by many people suffering from this illness or only a few, Jesus Christ, stay with us as we endure and mourn, persist and prepare. In place of our anxiety, give us Your peace – **Jesus Christ, heal us.**

Chaplet of Adoration and Reparation in Time of Pandemic

(to be prayed using rosary beads)

Make the Sign of the Cross

Say the Apostles' Creed

(On the first bead and next three small beads:)

For the increase of Faith, Hope, and

Charity and the intentions of the Holy Father say one Our Father, three Hail Marys and one
Glory Be

(On the large bead before each decade:)

Most Holy Trinity, Father, Son, and Holy Spirit,

I adore You profoundly, and I

offer You the Most Precious Body, Blood,

Soul and Divinity of Jesus Christ,

present in all the tabernacles of the

world, in reparation for the outrages,

sacrileges, and indifference by which

He is offended, and by the infinite

merits of His Most Sacred Heart and

through the Immaculate Heart of Mary,

I beg the conversion of poor sinners.

(On the ten small beads of each decade:)

My God, I believe, I adore, I hope and I love You!

I ask pardon for those who do not believe,

do not adore, do not hope and do not love You.

(following the ten small beads of each decade:)

One Glory Be

(and)

“O Most Holy Trinity, I adore You!

My God, My God, I love You in the most

Blessed Sacrament.”

(end Chaplet with the Hail Holy Queen)

Donating to the Parish

Donations via the [Donation link](#) on the parish website in the last week have amounted to £155, very many thanks for your generosity. If you use the link please indicate whether your donation is for the parish, for Mass Stipends, the Memorial Candle or another charitable purpose.

Praying for the Sick and the Dead

We have a long standing tradition of praying for the sick and the recently deceased by name during our Masses on weekdays. During the pandemic, we are remembering our sick and dead at each Mass. Please do let me know if you would like me to add someone to the sick list or the list of the recently deceased. To do so, please email me on whitchurch@rcadc.org ensuring that you include the person's name and whether (s)he should be added to the sick list or the list of those who have died. *Canon Isaac*

Staying in touch with the Parish

If there are any updates on the situation or items of parish news, these will be updated first on the parish Facebook page (<https://www.facebook.com/stteilos.olol/>) followed by the parish website (<https://stteilos-olol.co.uk/>). Updates are often made on these sites before they can appear in the next week's newsletter.

REFERENCE MATERIAL

The items from this point in the newsletter onwards are for reference. They are only updated when new policy decisions are made but provide a set of responses to the key issues facing Catholics today.

Closure of Churches

On Tuesday, March 23rd, the Prime Minister made an historic announcement that all Places of Worship would be closed in the attempt to combat the spread of COVID-19. Catholic Churches are closed to the public at this time. Therefore, unfortunately, St. Teilo's and Our Lady of Lourdes will be closed until further notice.

Mass will be streamed online from St. Teilo's each day, but there is no longer the opportunity for private prayer in the Church. Please follow the government advice and stay at home if at all possible.

The Bishops of England and Wales confirm that the obligation to attend Mass on Sundays and Holy Days is removed, in line with the teaching of the Church (Catechism of the Catholic Church 2181). The pandemic is the 'serious reason' why this obligation does not apply at this time.

First Communion and Confirmation

Now that the Welsh Government has closed the schools in Wales, our First Communion and Confirmation preparation programmes will be suspended. The celebration of these sacraments will be postponed until a time that allows for the programmes to be completed.

Baptisms

Celebration of the Sacrament of Baptism will be deferred until public worship is again permitted. Parents and grandparents are reminded that if a baby or young child who has not yet been baptised is ill or otherwise at risk, then parents or grandparents (with the parents' permission) can baptise the child. Such an emergency baptism is undertaken as follows:

Pouring water on the head of the one to be baptised and pronouncing at the same time the words:

"I baptise you in the name of the Father, and of the Son, and of the Holy Spirit."

Confession

Noting that absence from Mass at this time is not a sin, Confession will be offered on request to those who have dire need. The sacrament will only be celebrated as long as hygiene and social distancing requirements are observed (e.g. a physical barrier between the penitent and the priest, such as a grille and cloth, is in place). Please email whitchurch@rcadc.org and Canon will make the arrangements.

Marriages

The celebration of the Sacrament of Marriage will be deferred until such time that people can gather in numbers safely.

Funerals

For the foreseeable future, funerals will take place at the graveside or at a crematorium, subject to the conditions laid down by the cemetery and crematorium authorities. Canon will be able to offer private Masses for any deceased person on request, but no Masses with attendees.

Requiem Masses '*In Memoria*' will be able to be celebrated in the future when congregations are again allowed to gather.

Supporting the Vulnerable in the Community

As well as our concern about the sacramental life of the parish, we also need to remember our Christian duty to consider others, especially those more vulnerable than us. I believe it is best for those Catholics who can do so, to contribute to the support being arranged across the community. You are encouraged to register interest in the Together for Cardiff volunteering scheme at <https://www.volunteercardiff.co.uk/> The local councillors are also co-ordinating groups of volunteers in each area of the parish to support the vulnerable and isolated by speaking on the phone, picking up items from the shops, dog walking and other forms of assistance. If you are willing to assist, or in need of assistance, then please contact the relevant people in your part of the parish.

Whitchurch contact:

Mike Phillips – michael.j.phillips@cardiff.gov.uk – 07779 975471

Mia Rees – mia.rees@cardiff.gov.uk – 07814 808286

Tongwynlais contact:

Linda Morgan – Linda.Morgan@cardiff.gov.uk – 07779 975476

Mike Jones-Prichard – michael.jonesprichard@cardiff.gov.uk – 07974 825252

Gabalfa contact:

Rhys Taylor – Rhys.Taylor@cardiff.gov.uk – 07779 975407

Ashley Wood – Ashley.Wood@cardiff.gov.uk – 07779 975439

Llandaff North contact:

Dilwar Ali – Dilwar.Ali@cardiff.gov.uk – 07734 880397

Jennifer Burke-Davies – Jennifer.Burke-Davies@cardiff.gov.uk – 07891 663855

Heath contact:

Fenella Bowden – FBowden@cardiff.gov.uk

Graham Hinchey – Graham.hinchey@cardiff.gov.uk – 07583 721025

Lyn Hudson – Lhudson@cardiff.gov.uk – 07900 167933

Canon Isaac

Donating to the Parish

Clearly the Church continues to have expenses, which will continue during the period when there are no public acts of worship and no regular collection. Any parishioner who is able, and does not already donate in this way, is encouraged to set-up a standing order. You can do this through your own bank by phone, mobile or Internet banking. The details you need are in the form below. One-off payments can also be made direct to the Parish Account using the sort code and account number below. If you do not have electronic banking, you can print the form and forward it to your own bank.

I realise that these are uncertain times and that some of you may not be in a position to give as generously as you normally do. Please make the necessary arrangements to change your existing standing orders if the expense becomes too much for you.

Canon Isaac

Standing Order Mandate

To Bank / Building Society *
Address
.....
..... Post Code.....

Please set up a new standing order to:

Barclays Bank PLC,
City of Cardiff Branch,
Cardiff
CF1 1SG

Sort Code: 20-18-23

Account Name: PARISH OF ST TEILO'S WITH OUR LADY OF LOURDES

Account No.: 93870367

Please debit my/our bank account as follows:

Account Name:

Account No.:

Sort Code:

the sum of £..... (amount in words).....

starting on the..... day of (month)(year)

and on the same day every month until further notice.

Signature(s)

.....

Address

.....

..... Post Code

Please cancel any previous standing order in favour of the same beneficiary. This standing order supersedes all former arrangements.

Please send this form to your bank.