



## Parish Newsletter

**Weekend 4<sup>th</sup> – 5<sup>th</sup> April 2020**

**Palm Sunday of the Passion of the Lord**

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Mass Times and Intentions week beginning 5 <sup>th</sup> April 2020			
Sunday 5 <sup>th</sup> April Palm Sunday of the Passion of the Lord	Online	10.00am	For the People of the Parish
Monday 6 <sup>th</sup> April Monday of Holy Week	Online	10.00am	George, Mary and David Allen – RIP Canon William Morris – RIP
Tuesday 7 <sup>th</sup> April Tuesday of Holy Week	Online	10.00am	Holy Souls (Alex) Sharon Ashford – Recently Deceased (P&CS)
Wednesday 8 <sup>th</sup> April Spy Wednesday	Online	10.00am	Terry – RIP and Wellbeing of Cath (WJI) Wellbeing of B and M (WJI)
Thursday 9 <sup>th</sup> April Maundy Thursday	Online	<b>7.00pm</b>	<b>Mass of the Lord's Supper –</b> Fr. Jimmy Thomas – RIP (BW-F) Remembrance and in thanksgiving for Our Blessed Lord's suffering in the Garden of Gethsemane
Friday 10 <sup>th</sup> April Good Friday	Online	<b>3.00pm</b>	<b>Liturgy of the Passion</b>
Saturday 11 <sup>th</sup> April Holy Saturday	There will be no events in the Church on Holy Saturday, until Easter begins with the Easter Vigil		
Saturday 11 <sup>th</sup> April Easter Vigil	Online	<b>7:00pm</b>	<b>Easter Vigil –</b> For the People of the Parish
Sunday 12 <sup>th</sup> April Easter Sunday of the Resurrection of the Lord	Online	10.00am	Denis Bond – RIP (BW-F)

### Quote of the Week

“The Lord has given me a disciple’s tongue. So that I may know how to reply to the wearied He provides me with speech. Each morning He wakes me with speech.”

*Isaiah 50:4 (The Mass of Palm Sunday)*



## **Mass Times**

Please note that Mass will be broadcast from St. Teilo's live at 10am on Sunday, Monday, Tuesday and Wednesday. Mass will be at 7.00pm on Maundy Thursday and at 7.00pm for the Easter Vigil on Saturday Evening.

You are encouraged, not only to listen and watch the Mass, but to take part by making the responses in your own home.

At Communion time each day, I will lead us in praying St. Alphonse Liguori's Act of Spiritual Communion:

My Jesus,  
I believe that You  
are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment  
receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there and unite myself wholly to You.  
Never permit me to be separated from You.  
**AMEN.**

*Canon Isaac*

## **Polish Masses**

Fr. Michał Oszczudłowski will say Mass in the Polish language at 10.30am from Sunday to Wednesday at St. Teilo's.

The Easter Triduum services in Polish will take place after the English language services.

## **Exposition of the Blessed Sacrament**

From Sunday to Wednesday, following the Masses each day, Canon will expose the Blessed Sacrament for silent adoration until around 5:30pm. You are welcome to go online to pray before the Blessed Sacrament during this time.

## **Live Streaming**

The webcam in St. Teilo's will be left on at all times, so please take the opportunity to 'look in' on the Church at any time.

## **Rest in Peace**



In your mercy, please pray for the repose of the souls of Harold Doherty and Christopher "Ernie" Tucker who both died recently. Mr. Doherty is the uncle of one of our parishioners. Mr. Tucker's internment will take place on Easter Tuesday. As with all funerals at present, only the Canon and the immediate family can attend.

Please also remember in your prayers those whose anniversaries occur at this time:  
Canon William Morris, Canon Patrick Kerrisk, Father Felix Connolly, Mary Murray, Francis Gallagher, Alice Pinches, Madeline Richardson, Charles Kinsey, Guiseppina (Pina) Morrish, Mabel Killmister, Charles Mitchell, Gladys Warfield, Mortimer O'Sullivan, John Connors, Josephine Clifford, Jane Lynch, Anna Jones, Emly Frackrell, Margaret Thomas, Margaret Herbert, Beatrice Kelleher, Maria Toner-Evans, Harold Norris, Rosina Fuller, Andrew Smith, David Evans, Winifred Bregeon, Dennis Cronin, Elizabeth Lewis, Edward Windmill, Associand Tinsley, Mabel Meagher, Frederick Carter and Bernard Morgan.

### **Memorial Candle**

The candle burning in front of the Book of Remembrance this week is for the repose of the soul of Marian Ehrenzeller. May she, and all the faithful departed, rest in peace.

### **A Message for Holy Week from Canon Isaac**

This special week for us as Catholics is the time when we feel within ourselves the strength, beauty and truth of our Faith. Normally St. Teilo's and Our Lady of Lourdes would be full for the Masses and Liturgies and we would be enjoying the celebration of the great days of the life of Jesus Christ.

This year will be different and will feel very strange. I will celebrate the Masses and Liturgies for you and in a special way with you. Many of you will be able to follow on the live-stream, others may not, but we can all sit quietly and make a Spiritual Communion at the times of the great events. Please do not feel isolated or alone in your faith.

Every day before the Blessed Sacrament, I am praying for our parish and for all those affected by the pandemic. I am praying also for all those who work for the NHS and the other workers who support us at this time including the police who keep us safe. This Holy Week should be special for us! Even in constrained circumstances we shall practise our faith. We are strong in faith and hope, we can look forward with hope to the time when the pandemic is over and we can all come together to Mass and receive our Saviour Jesus Christ in Sacramental Communion as a fulfilment of all our Spiritual Communions.

God Bless,

*Canon Isaac*

## **Holy Week**

### **Cardinal's Message about Easter Duties**

Cardinal Vincent Nichols, President of the Bishops' Conference of England and Wales, explains, in [this video](#), that the obligation to our Easter Duties to go to Confession and receive Holy Communion is removed from us this year. The transcript of the video can be [read here](#).

### **Palm Sunday of the Passion of the Lord**

On this day, the Church enters into the mystery of the Passion and Death of her Lord, bringing together the Triumphant Procession of Christ as King and the proclamation of His Passion. Both aspects of the Paschal Mystery are celebrated today as we recall the Lord's Messianic entry into Jerusalem and His Passion and Death.

In line with the [special Vatican decree for celebrating Holy Week this year](#) we will not be able to process into the Church or bless palms but we will start Mass with the Entrance Antiphon which speaks of the triumphant entry of the Lord and as usual will listen attentively to the reading of the Passion according to Matthew.

### **Chrism Mass**

In line with the Vatican decree the Chrism Mass will be transferred to a later date in the year. We will continue to use the sacred oils blessed at last year's Chrism Mass, until such a time as the Chrism Mass can take place.

### **Maundy Thursday – Mass of the Lord's Supper**

With the celebration of Mass on the evening of Holy Thursday, the Church begins the Easter Triduum, the holiest three days of the year. The Mass recalls the Last Supper at which the Lord Jesus, on the night He was betrayed, showing His love for those who were His own in the world, gave His Body and Blood under the species of bread and wine offering them to His Father. He gave them to the Apostles so that they might partake of them. He commanded them and their successors in the priesthood to perpetuate this offering. Even though we are not able to receive the Blessed Sacrament this Holy Week, we can take part in the offering by joining our prayers with the prayer of the priest as he joins himself with Jesus' offering of Himself for the whole world.

### **Maundy Thursday - Watching at the Altar of Repose**

While we can pray before the Blessed Sacrament online at our own Parish Church the Bishops' Conference of England and Wales have agreed that St. Chad's Cathedral in Birmingham will be the focus of national coverage of Watching on Holy Thursday. If you want to join with the wider Catholic community, then go to: [www.stchadscathedral.org.uk](http://www.stchadscathedral.org.uk)

### **Good Friday – Day of Fasting and Abstinence**

Good Friday is a day of penance observed by the whole Church. It is a day of fasting and abstinence.

## **Good Friday – Liturgy of the Lord's Passion**

At 3pm on Good Friday, the Church throughout the world gathers, virtually if not physically, to remember that "Christ our Passover was sacrificed." Together we meditate on the Passion of the Lord, adore His Holy Cross and commemorate the origin of the Church, flowing from the side of Christ dead on the cross. We intercede for the salvation of the whole world. Once Canon has kissed the Cross, he will elevate it so that all of us who are viewing the service in our home can venerate Jesus who died for us and for our salvation.

## **Good Friday – Addition to the Solemn Intercessions**

The Congregation for Divine Worship and the Discipline of the Sacraments, at Pope Francis' request, has approved a special prayer to be prayed on Good Friday afternoon during the Solemn Intercessions. It will come between intercession 9 and intercession 10 if you are following the Liturgy in your Missals.

### **IX b. For the afflicted in time of pandemic**

Let us pray also for all those who suffer the consequences of the current pandemic, that God the Father may grant health to the sick, strength to those who care for them, comfort to families and salvation to all the victims who have died.

### **Prayer in silence. Then the Priest says:**

Almighty ever-living God,  
only support of our human weakness,  
look with compassion upon the sorrowful condition of your children  
who suffer because of this pandemic;  
relieve the pain of the sick,  
give strength to those who care for them,  
welcome into your peace those who have died  
and, throughout this time of tribulation,  
grant that we may all find comfort in your merciful love.  
Through Christ our Lord.

**R/. Amen.**

## **Easter Vigil**

We gather online at 7pm on Saturday night for the Easter Vigil. According to a most ancient tradition, this night is "one of vigil for the Lord" and the Vigil celebrated during it commemorating that holy night when the Lord rose from the dead, is regarded as the "mother of all Masses." For on this night, the Church keeps vigil, waiting for the Resurrection of the Lord. The Easter Vigil Mass is at 7pm, earlier than usual, to enable as many as possible to participate online. The Vigil is the highpoint of the Christian Year and the central mystery of our faith.

In our current circumstances, there will be no Easter Fire. The Paschal Candle will be lit from another source.

## **Cardiff People**

Many of you will be used to picking up a copy of the Catholic People – the Official Newspaper of the Archdiocese each month. Due to the closure of the churches, the April Edition of the Catholic People is [online](#). This month's paper includes a tribute to the late Archbishop Smith along with other articles of interest to people across the Archdiocese.

## **Praying for the Sick and the Dead**

We have a long standing tradition of praying for the sick and the recently deceased by name during our Masses on weekdays. During the pandemic we are remembering our sick and dead at each Mass. Please do let me know if you would like me to add someone to the sick list of the list of the recently deceased. To do so, please email me on [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org) ensuring that you include the person's name and whether (s)he should be added to the sick list, or the list of those who have died.

*Canon Isaac*

## **Mass Intentions**

On Sundays, Canon will celebrate Mass for all the People of the Parish. On other days he will pray for a specific intention. Due to there now being only one Sunday Mass, some Sunday intentions will be moved to weekdays later this month or next. If you wish to submit an intention for a Mass, please do so by email to [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org) clearly stating the intention for which the Mass is offered and your preferred date. Canon has agreed to say these Masses on trust and the Mass Offering can be made when things return to normal.

## **Special Indulgences in the current pandemic**

The Apostolic Penitentiary, one of the tribunals of the Roman Curia responsible for issues relating to the forgiveness of sins, has announced [a series of special indulgences](#) for those suffering from COVID-19, as well as to health care workers, family members and all those who in any capacity, including through prayer, care for those suffering from the disease.

The Apostolic Penitentiary grants a Plenary Indulgence on the occasion of the current world epidemic, to those faithful who offer a period of Eucharistic adoration, or reading the Holy Scriptures for at least half an hour, or the recitation of the Holy Rosary, or the pious exercise of the Way of the Cross, or the recitation of the Chaplet of Divine Mercy, to implore from Almighty God the end of the epidemic, relief for those who are afflicted and eternal salvation for those whom the Lord has called to Himself.

The unusual feature of these special indulgences is that they can be received by those who have the will or intention to fulfil the usual conditions (sacramental confession, Eucharistic communion and prayer according to the Holy Father's intentions), as soon as possible. This special permission takes account of the difficulty of receiving Confession or Communion during the current crisis. The intention to do so as soon as possible replaces the requirement to do so immediately.

## **Prayers for those in Self-Isolation**

[The God Who Speaks Team](#) has recommended the following prayers for all who are self-isolated and may wish to spend some time in prayer. Use might be made of websites such as [Pray as you go](#), [Click to Pray](#) or [Universalis](#) to follow the readings at Mass each day or to join in the Prayer of the Church. Other ideas for prayer include the [Angelus](#) or praying the [Novena of Our Lady of Lourdes](#)

### *Using Phrases from Scripture*

O Lord, come to my rescue,

Lord, come to my aid. Psalm 39:14

Be still and know that I am God Psalm 46: 10

Heal me, O Lord, and I shall be healed;

save me, and I shall be saved, for you are my praise. Jeremiah 17:14

Lord, save me. Matthew 14: 30

Do not let your hearts be troubled... Trust in God. John 14: 1

Amen, Come, Lord Jesus. Revelation 22:20

### *Invocation of Our Lady - Memorare*

Remember, O most loving Virgin Mary,

that it is a thing unheard of

that anyone who ever had recourse to your protection,

implored your help, and sought your intercession and was left forsaken.

Filled therefore with confidence in your goodness,

I fly to you, O Mother, Virgin of virgins;

To you I come,

before you I stand, a sorrowful sinner.

Despise not my words, O Mother of the Word,

but graciously hear and grant my prayer.

**Amen.**

### *Prayer for the Household*

Hear us, Lord,

and send your angel from heaven

to visit and protect,

to comfort and defend

all who live in this house.

**Amen.**

## **Prayers from His Grace the Archbishop**

Archbishop George has shared a number of prayers which he encourages us to pray this week.

He includes a poem written in the time of the Famine in Ireland:

*'And People Stayed Home'* A Famine Poem. Kathleen O'Meara. Written in 1869

And people stayed home  
And read books and listened  
And rested and exercised  
And made art and played  
And learned new ways of being  
And stopped  
And listened deeper  
Someone meditated  
Someone prayed  
Someone danced  
Someone met their shadow  
And people began to think differently  
And people healed  
And in the absence of people who lived in ignorant ways  
Dangerous, meaningless and heartless,  
Even the earth began to heal  
And when the danger ended  
And people found each other  
Grieved for the dead people  
And they made new choices  
And dreamed of new visions  
And created new ways of life  
And healed the earth completely  
Just as they were healed themselves

### *Prayer for this time of trial*

God Our Father, each person is precious to You.

You are the Giver of life.

Have mercy on us and protect us at this time,  
as the Coronavirus threatens health and life.

You are an ever-present Helper in time of trouble.

Watch over those who are suffering,  
Give strength to those who are aiding the Sick  
and give courage to all in this time of anxiety.

**Amen.**

*A prayer from the Jesuit University of Milwaukee*

May we who are merely inconvenienced remember those whose lives are at stake.

May we who have no risk factors remember those most vulnerable.

May we who have the luxury to work from home remember those who must choose between preserving their health or making their rent.

May we who have the flexibility to care for our children when their schools close remember those who have no options.

May we who have to cancel our trips remember those that have no place to go.

May we who settle in for a quarantine at home remember those who have no home.

During this time when we cannot physically wrap our arms around each other, let us yet find ways to be the loving embrace of God to our neighbours.

**Amen.**

*Prayers of St. Teresa of Avila*

Let nothing disturb you. Let nothing frighten you,

All things are passing away. God never changes.

Patience obtains all things. Whoever has God lacks nothing.

God alone suffices.

**Amen.**

Lord, grant that I may always allow myself to be guided by You,  
always follow Your plans and perfectly accomplish Your Holy Will.

Grant that in all things, great and small,  
today and all the days of my life,

I may do whatever You require of me.

Help me respond to the slightest prompting of Your Grace,

So that I may be Your trustworthy instrument for Your Honour.

May Your Will be done in time and in eternity by me, in me, and through me.

**Amen.**

**Staying in touch with the Parish**

If there are any updates on the situation, or items of parish news these will be updated first on the parish Facebook page (<https://www.facebook.com/stteilos.olol/>) followed by the parish website (<https://stteilos-olol.co.uk/>). Updates are often made on these sites before they can appear in the next week's newsletter.

**Online Newsletter**

If you have any items you would like us to include in the newsletter, please email: [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org).

## **Divine Mercy Sunday**

The Sunday after Easter is celebrated as Divine Mercy Sunday. St. Pope John Paul II declared Divine Mercy Sunday as a Feast of the Universal Church in 2000, on the occasion of the Canonisation of Sister Faustina Kowalska. St. Faustina was prompted by the Lord to promote the [Chaplet of Divine Mercy](#), the [3.00pm Prayer](#) and the [Feast of Divine Mercy](#), including the [Novena](#) which leads up to it.

Over many years in Cardiff, Divine Mercy Sunday has been celebrated at St. Alban's, the Church which is now the home of the Oratory of St. Philip Neri in formation, Cardiff. This year the devotions will take place on a [live stream from the Oratory](#)

The timetable is as follows:

2.00pm until 3.00pm; Exposition of the Blessed Sacrament. Petitions will be read before the Blessed Sacrament. Email your petitions to [pgs.illsley@sky.com](mailto:pgs.illsley@sky.com)

3.00pm; Divine Mercy Prayers and Chaplet followed by Holy Mass.

## REFERENCE MATERIAL

The items from this point in the newsletter onwards are for reference. They are only updated when new policy decisions are made but provide a set of responses to the key issues facing Catholics today.

### **Closure of Churches**

On Tuesday, March 23<sup>rd</sup>, the Prime Minister made an historic announcement that all Places of Worship would be closed in the attempt to combat the spread of COVID-19. Catholic Churches are closed to the public at this time. Therefore, unfortunately, St. Teilo's and Our Lady of Lourdes will be closed until further notice.

Mass will be streamed online from St. Teilo's each day, but there is no longer the opportunity for private prayer in the Church. Please follow the government advice and stay at home if at all possible.

The Bishops of England and Wales confirm that the obligation to attend Mass on Sundays and Holy Days is removed, in line with the teaching of the Church (Catechism of the Catholic Church 2181). The pandemic is the 'serious reason' why this obligation does not apply at this time.

### **First Communion and Confirmation**

Now that the Welsh Government has closed the schools in Wales, our First Communion and Confirmation preparation programmes will be suspended. The celebration of these sacraments will be postponed until a time that allows for the programmes to be completed.

### **Baptisms**

Celebration of the Sacrament of Baptism will be deferred until public worship is again permitted. Parents and grandparents are reminded that if a baby or young child who has not yet been baptised is ill or otherwise at risk, then parents or grandparents (with the parents' permission) can baptise the child. Such an emergency baptism is undertaken as follows:

Pouring water on the head of the one to be baptised and pronouncing at the same time the words:

"I baptise you in the name of the Father, and of the Son, and of the Holy Spirit."

### **Confession**

Noting that absence from Mass at this time is not a sin, Confession will be offered on request to those who have dire need. The sacrament will only be celebrated as long as hygiene and social distancing requirements are observed (e.g. a physical barrier between the penitent and the priest, such as a grille and cloth, is in place). Please email [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org) and Canon will make the arrangements.

## **Marriages**

The celebration of the Sacrament of Marriage will be deferred until such time that people can gather in numbers safely.

## **Funerals**

For the foreseeable future, funerals will take place at the graveside or at a crematorium, subject to the conditions laid down by the cemetery and crematorium authorities. Canon will be able to offer private Masses for any deceased person on request, but no Masses with attendees.

Requiem Masses '*In Memoria*' will be able to be celebrated in the future when congregations are again allowed to gather.

## **Supporting the Vulnerable in the Community**

As well as our concern about the sacramental life of the parish, we also need to remember our Christian duty to consider others, especially those more vulnerable than us. I believe it is best for those Catholics who can do so, to contribute to the support being arranged across the community. You are encouraged to register interest in the Together for Cardiff volunteering scheme at <https://www.volunteercardiff.co.uk/> The local councillors are also co-ordinating groups of volunteers in each area of the parish to support the vulnerable and isolated by speaking on the phone, picking up items from the shops, dog walking and other forms of assistance. If you are willing to assist, or in need of assistance, then please contact the relevant people in your part of the parish.

### **Whitchurch** contact:

Mike Phillips – [michael.j.phillips@cardiff.gov.uk](mailto:michael.j.phillips@cardiff.gov.uk) – 07779 975471

Mia Rees – [mia.rees@cardiff.gov.uk](mailto:mia.rees@cardiff.gov.uk) – 07814 808286

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*Canon Isaac*

## **Donating to the Parish**

Clearly the Church continues to have expenses, which will continue during the period when there are no public acts of worship and no regular collection. Any parishioner who is able, and does not already donate in this way, is encouraged to set-up a standing order. You can do this through your own bank by phone, mobile or Internet banking. The details you need are in the form below. One-off payments can also be made direct to the Parish Account using the sort code and account number below. If you do not have electronic banking, you can print the form and forward it to your own bank.

I realise that these are uncertain times and that some of you may not be in a position to give as generously as you normally do. Please make the necessary arrangements to change your existing standing orders if the expense becomes too much for you.

*Canon Isaac*

**Standing Order Mandate**

To ..... Bank / Building Society \*  
Address .....  
.....  
..... Post Code.....

Please set up a new standing order to:

Barclays Bank PLC,  
City of Cardiff Branch,  
Cardiff  
CF1 1SG

Sort Code: 20-18-23

Account Name: PARISH OF ST TEILO'S WITH OUR LADY OF LOURDES

Account No.: 93870367

Please debit my/our bank account as follows:

Account Name: .....

Account No.: .....

Sort Code: .....

the sum of £..... (amount in words).....

starting on the..... day of (month) .....(year) .....

and on the same day every month until further notice.

Signature(s) .....

.....

Address .....

.....

..... Post Code .....

Please cancel any previous standing order in favour of the same beneficiary. This standing order supersedes all former arrangements.

Please send this form to your bank.