



Whitchurch

# Parish of St. Teilo's with Our Lady of Lourdes

A Parish of the Archdiocese of Cardiff, Registered Charity 242380

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## Parish Newsletter

**Weekend 21<sup>st</sup> – 22<sup>nd</sup> March 2020**

**Fourth Sunday of Lent**

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## No Public Worship or Sunday Obligation

The Bishops of England and Wales have agreed that, in line with Government guidelines, no public acts of worship shall take place anywhere in England and Wales. The Bishops confirm that the obligation to attend Mass on Sundays and Holy Days is removed, in line with the teaching of the Church (Catechism of the Catholic Church 2181). The pandemic is the 'serious reason' why this obligation does not apply at this time.

## Pastoral Letter from Archbishop George Stack

The Archbishop of Cardiff has written a [pastoral letter to the Archdiocese](#) at this time when the Church will not be celebrating public acts of worship.

## Online Newsletter

With the announcement that there will be no public acts of worship in our Churches from this week, until public worship resumes, the Parish Newsletter will take a slightly different format to reflect the changing context of the information provided. We will try to ensure that it is published online each weekend. If you have any items you would like us to include in the newsletter please email: [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org).

## St. Teilo's Opening Hours

St. Teilo's will, as far as possible, remain open from 8:30am to 5:30pm each day. You are welcome to come to the Church to pray but please remember to keep good personal hygiene practices in line with the Government guidelines. **Please do not** approach, nor get too close, to others who may also be praying.

## Online Resources

There is a wonderful range of online resources which can support our prayer life during this time when we will be unable to worship publicly.

- Daily Mass Readings can be found at: <https://universalis.com/mass.htm>
- Daily Mass is broadcast in English on:
  - EWTN at 12noon (<https://www.ewtn.co.uk/live/tv>)
  - Shalom World TV at 10am – repeated at 10pm (<https://shalomworld.org/watchlive>)
  - Both EWTN and Shalom World produce Mass of broadcast quality. If however you are happy to watch less polished events via webcams you can access many from the UK and elsewhere at: <https://www.churchservices.tv/> - you can search by Church or Mass time.
  - The Archdiocese will also be providing links for Masses from churches in Wales which have webcams. Currently the following parishes have live webcam feeds of Masses:
    - [St. David's Cathedral, Cardiff](#)
    - [St. Mary of the Angels, Canton](#)
    - [All Saints Parish, Newport](#)
- Resources to aid your prayer of the Rosary can be found here: <https://www.rosarycenter.org/homepage-2/rosary/how-to-pray-the-rosary/>
- Aids to praying the Chaplet of Mercy can be found here: <https://www.thedivinemercy.org/message/devotions/pray-the-chaplet>

## **Spiritual Communion**

It is a long-standing, but sometimes forgotten, practice for Catholics who are unable to receive Holy Communion to make an Act of Spiritual Communion. In doing so, we express our faith in Christ's Real Presence in the Eucharist and ask him to unite himself with us.

Here is the Act of Spiritual Communion written by St. Alphonsus de Liguori. I would recommend we pray it each day, but especially on the Sundays we are not able to attend Mass:

My Jesus,  
I believe that You  
are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment  
receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there and unite myself wholly to You.  
Never permit me to be separated from You.  
**AMEN.**

## **Fourth Sunday of Lent – Laetare Sunday**

Today is Laetare Sunday. The Latin "laetare" means "to rejoice" - the first word of the Entrance Antiphon for today's Mass. In a time of challenge and trial it is not always easy to rejoice, but our faith reminds us that even in the darkest of times the Lord is near. As Lent reminds us, Easter only comes after the pain and agony of the Cross.

## **Mothering Sunday**

Today is Mothering Sunday. We may not be able to celebrate with our Mothers and Grandmothers this year, but we rejoice with them even in their absence. Today is also a time to give thanks to God for our children, families and friends. As we will not be able to give out flowers or cards, as we normally do, we can instead pray a spiritual bouquet together.

Dear Lord, bless all our Mothers and Grandmothers on this Mothering Sunday.  
Bestow your love and blessing upon them,  
through Christ Our Lord.

**AMEN**

We thank you for all the love our Mothers and Grandmothers give to us both in our parish and our families. We thank you for the gifts of love and tenacity that all women give to the Church. We thank you for their dedication and faith. Today we ask Our Blessed Mother to pray for and with all women that they may follow her example and bring their loved ones to know and love the Lord Jesus.

**AMEN**



### Quote of the Week

“O God, who through your Word reconcile the human race to yourself in a wonderful way, grant, we pray, that with prompt devotion and eager faith the Christian people may hasten toward the solemn celebrations to come.”

*Mass Collect Fourth Sunday of Lent*



### Rest in Peace



In your mercy, please pray for the repose of the soul of Enrique Puerto, brother of one of our parishioners, who died in Spain last week.

Please also remember in your prayers those whose anniversaries occur at this, Archbishop John Aloysius Ward, Canon Laurence O'Brien, Fr. Cornelius Reidy, Fr. Francis Murphy, Mary Perry, Hubert O'Neill, Elizabeth Memfield, Alyn Thomas, Alice Sherlock, John Crowley, Mary Thomas, Daniel O'Keefe, Winifred Carter, Christopher Burns, Roger Willis, Edith Harrison, Monica Crowley, Charlotte Jones, Joan James, Leslie Brown, Lynnette Caple, Nora Small, Lull Mary Lord, Anthony Crosby, Frederick Newman, Estaban San Juan, Mary Smith, Eileen McEvoy, Annette Wilkins, Joan Kidd, Harriet Lloyd and Douglas Slee.

### Parish Rosary Prayer Group

Please note that the monthly parish prayer group, who meet on the last Thursday of each month, is suspended until further notice. Parishioners are invited to pray the Rosary at 2.00pm on Thursday March 26<sup>th</sup>, in the comfort of their own homes, followed by the 3 o'clock prayer and the Chaplet of Divine Mercy.

*Thank you, Peter and Chris Searle.*

### APF Red Boxes - Missio

Due to the current COVID19 outbreak and guidance from the Missio Head Office, I have decided that no further red boxes will be collected for now. Your Promoter will neither ask for your box nor, if already emptied, return it in the normal way.

The next collection of boxes will be planned for September.

Take care and thank you for your continued support.

Should anyone have any questions or concerns, please contact me on 07594693054.

*Thanks, Peter Jones.*

### Message from the Cardinal on behalf of the Bishops' Conference

In addition to the [formal letter](#) confirming the arrangements, the Cardinal spoke to the Catholic People of England and Wales in a personal message which you can view [here](#).

### **Contact via email**

During the last week I emailed those people on the Parish Census to inform everyone of the Bishops' Conference announcement. Of the 144 emails on the census 24 came back as non-accessible, which may mean that they have changed or are recorded incorrectly, so it would be useful to update them and add any new contact details.

If you have an email account and didn't get an email from me in the last week please email [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org) with your correct email address so you can be updated when the situation changes.

Please note that the emails will be stored in line with the General Data Protection Regulation (GDPR) and only used for contact from the Parish Priest or the Parish Admin support and no other purpose.

*Canon Isaac*

### **Pope Francis' Prayer for the Protection of the Mother of God**

On Thursday, March 11<sup>th</sup>, the Holy Father, Pope Francis, entrusted the world to the protection of the Mother of God. (Translated from the Italian by Google Translate)

O Mary,  
you always shine on our path  
as a sign of salvation and hope.  
We entrust ourselves to you, Health of the Sick,  
who at the cross shared the pain of Jesus,  
keeping your faith firm.  
You know what we need  
and we are sure that you will ensure  
that, as in Cana of Galilee,  
joy and celebration can return  
after this moment of trial.

Help us, Mother of Divine Love,  
to conform to the will of the Father  
and to do what Jesus will tell us,  
who took our sufferings upon himself  
and took upon himself our pains  
to lead us, through the cross,  
to the joy of the resurrection.

**AMEN.**

Under Your protection we seek refuge, Holy Mother of God.  
Do not despise the supplications of us who are in  
trial and deliver us from every danger, glorious and Blessed Virgin.

**AMEN**

## Mass Intentions

Canon will continue to say a private Mass each day during the coming period. On Sundays, he will celebrate Mass for all the People of the Parish. On other days he will pray for a specific intention. Due to there now only being one Sunday Mass, some Sunday intentions will be moved to weekdays later this month or next. If you wish to submit an intention for a Mass, please do so by email to [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org) clearly stating the intention for which the Mass is offered and your preferred date. Canon has agreed to say these Masses on trust and the Mass Offering can be made when things return to normal.

Mass Intentions Week Beginning 22 <sup>nd</sup> March	
Sunday 22 <sup>nd</sup> March Fourth Sunday of Lent	For the People of the Parish
Monday 23 <sup>rd</sup> March	Joan Harris – Anniversary
Tuesday 24 <sup>th</sup> March	John and Maureen Bending – RIP (RCB) Les Brown – Anniversary
Wednesday 25 <sup>th</sup> March The Annunciation of The Lord (Solemnity)	Enrique Puerto – Recently Deceased
Thursday 26 <sup>th</sup> March	Clive Evans – RIP (HE)
Friday 27 <sup>th</sup> March	Canon E. J. Mullins – RIP
Saturday 28 <sup>th</sup> March	Wellbeing of Paolo Trisolini (Sarah)
Sunday 29 <sup>th</sup> March Fifth Sunday of Lent	For the People of the Parish

## First Communion and Confirmation

As outlined in our recent guidance, now that the Welsh Government has closed the schools in Wales our First Communion and Confirmation preparation programmes will be suspended. The celebration of these sacraments will be postponed until a time that allows for the programmes to be completed.

## Baptisms

Celebration of the Sacrament of Baptism will be deferred until public worship is again permitted. Parents and grandparents are reminded that if a baby or young child who has not yet been baptised is ill or otherwise at risk, then parents or grandparents (with the parents' permission) can baptise the child. Such an emergency baptism is undertaken as follows:

Pouring water on the head of the one to be baptised and pronouncing at the same time the words:

"I baptise you in the name of the Father, and of the Son, and of the Holy Spirit."

## **Marriages**

If at all possible, the celebration of the Sacrament of Marriage will be deferred until such time that people can gather in numbers safely. However, if this is not possible and only in the most pressing of circumstances, then those present for the marriage will be restricted to the celebrant, the bride and groom, two witnesses and the legal Registrar. Those couples who have booked to get married in the next few months will expect an email to discuss their preferences in the next few days.

## **Confession**

Noting that absence from Mass at this time is not a sin, Confession will be offered on request to those who have dire need. The sacrament will only be celebrated as long as hygiene and social distancing requirements are observed (e.g. a physical barrier between the penitent and the priest, such as a grille and cloth, is in place). Please email [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org) and Canon can make arrangements with you.

## **Funerals**

For the foreseeable future, funerals will take place at the graveside or at a crematorium, subject to the conditions laid down by the cemetery and crematorium authorities. Canon will be able to offer private Masses for any deceased person on request, but no Masses with attendees. Requiem Masses '*In Memoria*' will be able to be celebrated in the future when congregations are again allowed to gather.

## **Supporting the Vulnerable in the Community**

As well as our concern about the sacramental life of the parish we also need to remember our Christian duty to consider others, especially those more vulnerable than us. I had considered setting up a support scheme in the parish but following consultations with other ministers and local community leaders, I believe it will be best for those Catholics who can do so, to contribute to the support being arranged across the community. The local councillors are co-ordinating groups of volunteers in each area of the Parish to support the vulnerable and isolated by speaking on the phone, picking up items from the shops, dog walking and other forms of assistance.

If you are willing to assist, or in need of assistance, then please contact the relevant people in your part of the parish.

### **Whitchurch** contact:

Mike Phillips – [michael.j.phillips@cardiff.gov.uk](mailto:michael.j.phillips@cardiff.gov.uk) – 07779 975471

Mia Rees – [mia.rees@cardiff.gov.uk](mailto:mia.rees@cardiff.gov.uk) – 07814 808286

### **Tongwynlais** contact:

Linda Morgan – [Linda.Morgan@cardiff.gov.uk](mailto:Linda.Morgan@cardiff.gov.uk) – 07779 975476

Mike Jones-Prichard – [michael.jonespritchard@cardiff.gov.uk](mailto:michael.jonespritchard@cardiff.gov.uk) – 07974 825252

### **Gabalfa** contact:

Rhys Taylor – [Rhys.Taylor@cardiff.gov.uk](mailto:Rhys.Taylor@cardiff.gov.uk) – 07779 975407

Ashley Wood – [Ashley.Wood@cardiff.gov.uk](mailto:Ashley.Wood@cardiff.gov.uk) – 07779 975439

### **Llandaff North** contact:

Dilwar Ali – [Dilwar.Ali@cardiff.gov.uk](mailto:Dilwar.Ali@cardiff.gov.uk) – 07734 880397

Jennifer Burke-Davies – [Jennifer.Burke-Davies@cardiff.gov.uk](mailto:Jennifer.Burke-Davies@cardiff.gov.uk) – 07891 663855

As well as the wider community, please can we ask any parishioner who knows of others who do not have access to email or the Internet to print a copy of this newsletter and post it through their letterbox. Please remember to respect the individual's need for social distance.

*Canon Isaac*

## Last Weekend's Collection

<b>Collections for the 14<sup>th</sup> and 15<sup>th</sup> of March</b>				
	OLOL 6pm	St T 9am	St T 11am	St T 6.30pm
Cash	96	99	93	103
Gift Aid	83	101	127	35
Additional donations of £310 for CAFOD Family Fast Day making a total donation of £1,458 – Many Thanks				

Clearly the church continues to have expenses which will continue during the period when there are no public acts of worship and no regular collection. Any parishioner who is able, and does not already donate in this way, is encouraged to set-up a standing order. You can do this through your own bank by phone, mobile or Internet banking. The details you need are below. A form is below for those who wish to complete a standing order on paper, please forward it to your own bank.

I realise that these are uncertain times and that some of you may not be in a position to give as generously as you normally do. Please make the necessary arrangements to change your existing standing orders if the expense becomes too much for you.

*Canon Isaac*

## Standing Order Mandate

To ..... Bank / Building Society \*  
Address .....  
.....  
..... Post Code.....

Please set up a new standing order to:

Barclays Bank PLC,  
City of Cardiff Branch,  
Cardiff  
CF1 1SG

Sort Code: 20-18-23

Account Name: PARISH OF ST TEILO'S WITH OUR LADY OF LOURDES

Account No.: 93870367

Please debit my/our bank account as follows:

Account Name: .....  
Account No.: .....  
Sort Code: .....

the sum of £..... (amount in words).....  
starting on the..... day of (month) .....(year) .....  
and on the same day every month until further notice.

Signature(s) .....  
.....

Address .....  
.....  
..... Post Code .....

Please cancel any previous standing order in favour of the same beneficiary. This standing order supersedes all former arrangements.

Please send this form to your bank.