



Whitchurch

Parish of St. Teilo's with Our Lady of Lourdes

A Parish of the Archdiocese of Cardiff, Registered Charity 242380

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Parish Newsletter

Weekend 28th – 29th March 2020 Fifth Sunday of Lent

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Full Closure of Catholic Churches

On Tuesday, March 23rd the Prime Minister made an historic announcement that all Places of Worship would be closed until further notice in the attempt to combat the spread of COVID-19. Catholic Churches are closed to the public at this time. Therefore, unfortunately, St. Teilo's and Our Lady of Lourdes will be closed until further notice.

Mass will be streamed online from St. Teilo's each day, but there is no longer the opportunity for private prayer. Please follow the government advice and stay at home if at all possible.

The Bishops of England and Wales confirm that the obligation to attend Mass on Sundays and Holy Days is removed, in line with the teaching of the Church (Catechism of the Catholic Church 2181). The pandemic is the 'serious reason' why this obligation does not apply at this time.

Message from the Cardinal on the closure of our churches

Cardinal Vincent Nichols, Archbishop of Westminster, reflects on the decision to close all Churches in the following video. It provides a helpful reflection on our Catholic lives at this challenging time: <https://www.cbcew.org.uk/cardinal-closing-churches-is-the-right-thing-to-do-to-save-lives/>

Mass Times and Intentions week beginning 29 th March 2020			
Sunday 29 th March Fifth Sunday of Lent	Online	10.00am	For the People of the Parish
Monday 30 th March	Online	10.00am	Mairead Sutherland – RIP
Tuesday 31 st March	Online	10.00am	Ann-Pat Trisolini (Paolo) Private Intention (MS)
Wednesday 1 st April	Online	10.00am	Terrance and Margaret Murphy – RIP
Thursday 2 nd April	Online	10.00am	Avril Clear – RIP (BW-F)
Friday 3 rd April	Online	10.00am	Patrick Cowley and Family – RIP (JB)
Saturday 4 th April	Online	10.00am	Canon William Morris – RIP (RCB)
Sunday 5 th April Palm Sunday of the Passion of the Lord	Online	10.00am	For the People of the Parish

Mass Times

Please note that Mass will be broadcast from St. Teilo's live at 10am each day including Sunday.

You are encouraged, not only to listen and watch the Mass, but to take part by making the responses in your own home.

At Communion time each day, I will lead us in praying the Act of Spiritual Communion by St. Alphonsus de Liguori.

My Jesus,
I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You.
AMEN.

In deciding on 10am for Sunday Mass, I have tried to 'split the difference' between our two most highly attended Mass at 9.00am and 11.00am. However, this will be a trial in the first instance. I will happily review the Mass time if parishioners prefer an alternative. Please let me know your views on whitchuch@rcadc.org

Canon Isaac

Polish Masses

Fr. Michał Oszczudłowski will say Mass in the Polish language at 10.30am from Monday to Saturday at St. Teilo's.

The Sunday Mass in Polish is at 11.00am and will be broadcast on the [You Tube channel](#) of St. Mary's Newport.

Live Streaming

The webcam in St. Teilo's will be left on at all times, so please take the opportunity to 'look in' on the Church at anytime.

Exposition of the Blessed Sacrament

Following the Masses each day, Canon will expose the Blessed Sacrament for silent adoration until around 5:30pm. You are welcome to go online to pray before the Blessed Sacrament during this time.

Quote of the Week

“And I shall put my spirit in you, and you will live, and I shall resettle you on your own soil; and you will know that I, the Lord, have said and done this – it is the Lord who speaks.”

Ezekiel 37:14



Prayer to the Guardian Angel when unable to attend Mass

This lovely ancient prayer by an anonymous source invites your Guardian Angel to attend Mass on your behalf when you are unable to do so:

Go, my Angel Guardian dear,
To church for me, the Mass to hear.
Go, kneel devoutly at my place
And treasure for me every grace.

At the Offertory time
Please offer me to God Divine.
All I have and all I am,
Present it with the Precious Lamb.

Adore for me the great Oblation.
Pray for all I hold most dear
Be they far or be they near.
Remember too, my own dear dead
For whom Christ's Precious Blood was shed.

And at Communion bring to me
Christ's Flesh and Blood, my food to be.
To give me strength and holy grace
A pledge to see Him face to face

And when the Holy Mass is done
Then with His blessing, come back home.

A Message from Canon Isaac

Thank you to everyone who has commented so positively on the live streaming of Mass. I have received some very positive comments both from the parish and also from health professionals from elsewhere. The health professionals tell me that they find the streaming of Mass a very great support and strength. They especially feel grateful for the prayers for them and the sick people for whom they care during the Mass. We pray daily at Mass for all those affected by this pandemic.

If you live alone, please know that you are not alone. Spiritually we are united together in the community of faith with our fellow Catholics and the Saints and Holy Souls who have gone before us. We are also united by the act of Spiritual Communion, which we can pray each day. Do not hesitate to ring the Presbytery if you need to talk. The answer machine will be on and I will return your call, if you leave your number clearly.

Even at a time of difficulties and problems like those we currently face, our Catholic Faith is strong. We know that the Cross leads to the Resurrection and Triumph of Our Lord and Saviour Jesus Christ. The Church reminds us that the Resurrection cannot happen without the suffering

and Crucifixion of Jesus. As St. Paul exclaims, "I am crucified with Christ, nevertheless I live, yet not I, but Christ lives in me!" (Galatians 2:20).

Remember, Jesus is Our Lord and He is with us all at all times. As the words of the twenty-third Psalm says: 'The Lord is my Shepherd, there is nothing I shall want.' Jesus, I trust in You.

Canon Isaac

Good News

It was lovely to see the recent publication of the "Anuario Pontificio 2020," the Vatican yearbook, this week. It highlights that the number of baptised Catholics has increased by 6% between 2013 and 2018 (the latest year recorded). The Church now has a membership of 1.33 billion across the World. This is 18% of the World's population.

There are times when we can be despondent or worried about the Church in our Land, but we must remember that the Church is a worldwide institution continuing to spread the Good News of Jesus throughout the world.

Rest in Peace



In your mercy, please pray for the repose of the souls of Eileen Jones and Mary McLeod who died recently. The interment and cremation of those who have died will be celebrated by Canon and the immediate family only.

Please also remember in your prayers those whose anniversaries occur at this time: Father Paul Chidgey, Felix Hill, Margaret O'Keefe, Honora Collins, Oscar Edwards, Walter John 'Jack' Lovell, George Cuddihy, Matilda Hunt, Anastasia Kennedy, Justin Callan, William Thomas, Mary Stamati, Vincent Burgon, Winifrede Mullins, Dorothy Mathieu, Joan Morgan, Joyce O'Connor, Arthur Williams, John Cottrell, Thomas Mortimer, Standish Lloyd, Isabella Allen, Dorothy Joyce, Mary Hann, Ellen Gardner, Daniel Cahill, Catherine Higgins, Anna Doyle, Nathaniel Woodman, Albert Proctor and John Hill.

Online Newsletter

Clearly now that the Church is closed we will continue to provide an online newsletter. If you have any items you would like us to include in the newsletter please email:

whitchurch@rcadc.org.

The Rededication of England as the Dowry of Mary

Today, Sunday, March 29th, our brothers and sisters in England are rededicating their nation as the Dowry of Mary.

The Rededication is a both a personal promise of the people of the country and a renewal of the entrustment vows made by King Richard II in 1381 (when Wales was regarded as part of England!!).

The first dedication was made by King Richard II in Westminster Abbey as he sought the protection of Our Lady in the face of great political turmoil. At this point, England received the title 'Mary's Dowry', meaning that England was 'set aside' as a gift, a dowry, for Our Lady under her guidance and protection.

The Rededication today – As King Richard II once gave England as a gift to Our Lady, so all the members of the Church are invited to give ourselves, as the people of this country, to Mary.

All are invited to take part in The Rededication wherever we are. The Rededication Prayers will take place at noon, at the beginning of midday Mass, which will be live streamed from the Shrine of Our Lady of Walsingham. You can join the live stream at www.walsingham.org.uk/livestream or read more here - <https://www.walsingham.org.uk/rededication/>

Online Resources

As mentioned last week, there is a wonderful range of online resources which can support our prayer life during this time when we will be unable to worship publicly.

- Daily Mass Readings can be found at: <https://universalis.com/mass.htm>
- Magnificat - a spiritual guide to help you develop your prayer life is offering its resources free during the current crises - <https://us.magnificat.net/free>
- Daily Mass is broadcast in English on:
 - EWTN at 12noon (<https://www.ewtn.co.uk/live/tv>)
 - Shalom World TV at 10am – repeated at 10pm (<https://shalomworld.org/watchlive>)
 - Both EWTN and Shalom World produce Mass of broadcast quality. If however you are happy to watch less polished events via webcams you can access many from the UK and elsewhere at: <https://www.churchservices.tv/> - you can search by Church or Mass time.
 - In addition to St. Teilo's a number of churches will be streaming Mass – a full list of the churches can be found here:
 - <https://rcadc.org/staying-connected/>
- Resources to aid your prayer of the Rosary can be found here: <https://www.rosarycenter.org/homepage-2/rosary/how-to-pray-the-rosary/>
- Aids to praying the Chaplet of Mercy can be found here: <https://www.thedivinemercy.org/message/devotions/pray-the-chaplet>

Contact via email

If you have an email account and did not receive an email from me the week before, please email me on whitchurch@rcadc.org with your email address so you can be updated in the future.

Please note that the emails will be stored in line with the General Data Protection Regulation (GDPR) and only used for contact from the Parish Priest or the Parish Admin support and for no other purpose.

Canon Isaac

Updates

Given the fast changing circumstances of the last few weeks, it is important that all parishioners check the Parish Facebook page (<https://www.facebook.com/stteilos.olol/>) and Parish Website (<https://stteilos-olol.co.uk/>) regularly as these will be updated, often before the next week's newsletter.

Mass Intentions

On Sundays, Canon will celebrate Mass for all the People of the Parish. On other days he will pray for a specific intention. Due to there now only being one Sunday Mass, some Sunday intentions will be moved to weekdays later this month or next. If you wish to submit an intention for a Mass, please do so by email to whitchurch@rcadc.org clearly stating the intention for which the Mass is offered and your preferred date. Canon has agreed to say these Masses on trust and the Mass Offering can be made when things return to normal.

APF Red Boxes - Missio

Due to the current COVID19 outbreak and guidance from the Missio Head Office, I have decided that no further red boxes will be collected for now. Your Promoter will neither ask for your box nor, if already emptied, return it in the normal way.

The next collection of boxes will be planned for September.

Take care and thank you for your continued support.

Should anyone have any questions or concerns, please contact me on 07594693054.

Thanks, Peter Jones.

A reflection for our times

An anonymous parishioner found this reflection useful and asked us to share it with the parish. If you have something you would like to add to the newsletter please email it to whitchurch@rcadc.org

Holy Saturday teaches Christians the right way to wait

Most of our lives are spent in Holy Saturday. In other words, most of our days are not filled with the unbearable pain of a Good Friday. Nor are they suffused with the unbelievable joy of an Easter. Some days are indeed times of great pain and some are of great joy, but most are...in between.

Most of our days are, in fact, times of waiting, as the disciples waited during Holy Saturday. We are waiting. Waiting to get into a good school. Waiting to meet the right person. Waiting to get pregnant. Waiting to get a job. Waiting for a diagnosis from the doctor. Waiting for things at work to improve. Waiting for the results of our physical therapy to help us feel better. Waiting for a relationship to improve.

We are called to the wait of the Christian, which is called hope. It is an active waiting; it knows that, even in the worst of situations, even in the darkest times, God is powerfully at work, even if we cannot see it clearly right now. The disciples' fear after Good Friday was understandable. But we, who know how the story turned out, who know that Jesus will rise from the dead, who know that God is with us, who know that nothing is impossible for God, are called to wait in faithful hope. And to look carefully for signs of the new life that are always right around the corner—to look, just like a few of the disciples were doing on Holy Saturday.

Because change is always possible, renewal is always waiting, and hope is never dead.
Fr. James Martin S.J.

Supporting the Vulnerable in the Community

As well as our concern about the sacramental life of the parish, we also need to remember our Christian duty to consider others, especially those more vulnerable than us. I believe it is best for those Catholics who can do so, to contribute to the support being arranged across the community. You are encouraged to register interest in the Together for Cardiff volunteering scheme at <https://www.volunteercardiff.co.uk/>

The local councillors are also co-ordinating groups of volunteers in each area of the parish to support the vulnerable and isolated by speaking on the phone, picking up items from the shops, dog walking and other forms of assistance. If you are willing to assist, or in need of assistance, then please contact the relevant people in your part of the parish.

Whitchurch contact:

Mike Phillips – michael.j.phillips@cardiff.gov.uk – 07779 975471

Mia Rees – mia.rees@cardiff.gov.uk – 07814 808286

Tongwynlais contact:

Linda Morgan – Linda.Morgan@cardiff.gov.uk – 07779 975476

Mike Jones-Prichard – michael.jonespritchard@cardiff.gov.uk – 07974 825252

Gabalfa contact:

Rhys Taylor – Rhys.Taylor@cardiff.gov.uk – 07779 975407

Ashley Wood – Ashley.Wood@cardiff.gov.uk – 07779 975439

Llandaff North contact:

Dilwar Ali – Dilwar.Ali@cardiff.gov.uk – 07734 880397

Jennifer Burke-Davies – Jennifer.Burke-Davies@cardiff.gov.uk – 07891 663855

Heath contact:

Fenella Bowden – FBowden@cardiff.gov.uk

Graham Hinchey – Graham.hinchey@cardiff.gov.uk – 07583 721025

Lyn Hudson – Lhudson@cardiff.gov.uk – 07900 167933

Canon Isaac

REFERENCE MATERIAL

The items from this point in the newsletter onwards are for reference. They are only updated when new policy decisions are made but provide a set of responses to the key issues facing Catholics today.

First Communion and Confirmation

Now that the Welsh Government has closed the schools in Wales, our First Communion and Confirmation preparation programmes will be suspended. The celebration of these sacraments will be postponed until a time that allows for the programmes to be completed.

Baptisms

Celebration of the Sacrament of Baptism will be deferred until public worship is again permitted. Parents and grandparents are reminded that if a baby or young child who has not yet been baptised is ill or otherwise at risk, then parents or grandparents (with the parents' permission) can baptise the child. Such an emergency baptism is undertaken as follows:

Pouring water on the head of the one to be baptised and pronouncing at the same time the words:

"I baptise you in the name of the Father, and of the Son, and of the Holy Spirit."

Marriages

The celebration of the Sacrament of Marriage will be deferred until such time that people can gather in numbers safely. **NB** – This policy has changed since last week based on changing Government recommendations.

Confession

Noting that absence from Mass at this time is not a sin, Confession will be offered on request to those who have dire need. The sacrament will only be celebrated as long as hygiene and social distancing requirements are observed (e.g. a physical barrier between the penitent and the priest, such as a grille and cloth, is in place). Please email whitchurch@rcadc.org and Canon will make the arrangements.

Funerals

For the foreseeable future, funerals will take place at the graveside or at a crematorium, subject to the conditions laid down by the cemetery and crematorium authorities. Canon will be able to offer private Masses for any deceased person on request, but no Masses with attendees. Requiem Masses '*In Memoria*' will be able to be celebrated in the future when congregations are again allowed to gather.

Donating to the Parish

Clearly the Church continues to have expenses which will continue during the period when there are no public acts of worship and no regular collection. Any parishioner who is able, and does not already donate in this way, is encouraged to set-up a standing order. You can do this through your own bank by phone, mobile or Internet banking. The details you need are below. A form is below for those who wish to complete a standing order on paper. Please forward it to your own bank.

I realise that these are uncertain times and that some of you may not be in a position to give as generously as you normally do. Please make the necessary arrangements to change your existing standing orders if the expense becomes too much for you.

Canon Isaac

Standing Order Mandate

To Bank / Building Society *
Address
.....
..... Post Code.....

Please set up a new standing order to:

Barclays Bank PLC,
City of Cardiff Branch,
Cardiff
CF1 1SG

Sort Code: 20-18-23

Account Name: PARISH OF ST TEILO'S WITH OUR LADY OF LOURDES

Account No.: 93870367

Please debit my/our bank account as follows:

Account Name:

Account No.:

Sort Code:

the sum of £..... (amount in words).....

starting on the..... day of (month)(year)

and on the same day every month until further notice.

Signature(s)

.....

Address

.....

..... Post Code

Please cancel any previous standing order in favour of the same beneficiary. This standing order supersedes all former arrangements.

Please send this form to your bank.